

Contact Topology and Riemannian Geometry

I. Introduction

for quite some time it has been clear that there are deep connections between the topology of 3-manifolds and Riemannian metrics (i.e. Thurston's geometrization program)

more recently there have also been deep connections between the topology of 3-manifolds and contact geometry

but there seems to be few results relating properties of contact structures (like tightness) and Riemannian geometry

in these talks we will explore such connections among other things we will prove

Th^m 1 (E-Komendarczyk - Massot):

let (M, \mathcal{J}, g) be a contact metric 3-manifold

If g is a complete metric and $\exists K > 0$ st.

the sectional curvature of g satisfies

$$\frac{1}{9}K \leq \sec(g) \leq K$$

then the universal cover of (M, \mathcal{J}) is

(S^3, \mathcal{J}_{std}) where \mathcal{J}_{std} is the unique tight contact structure on S^3

define later

recall curvature
tight later

- Ge-Huang improved $\frac{1}{9}$ to $\frac{1}{4}$

- the classical Sphere theorem said "curvature can control topology" here we see it can also control contact topology!

Thm 2 (EKM):

let (M, ζ) be a contact 3-manifold weakly compatible with a complete Riemannian metric g

if

$$\sec(g) \leq -m_g^2$$

then (M, ζ) is universally tight

here

$$m_g = \sup_M \|\nabla(\ln \theta')^\perp - \nabla \ln \rho\|$$

where ρ is the length of a Reeb vector field

θ' is the instantaneous rotation of ζ

define later

v^\perp is component of v perp. to ζ

- one might hope this might be useful in finding tight contact structures on hyperbolic 3-manifolds

another theorem that might help with this is

Thm 3 (EKM):

let (M, ζ) be a closed contact manifold

suppose M admits a complete metric g such that the sectional curvature of g is bounded above by $-k$ for some $k > 0$

and \exists a Reeb vector field R for ζ such that

$$N = R/\|R\| \text{ satisfies } \|\nabla_{N} N\| < \sqrt{k}$$

then the universal cover of (M, ζ) is tight

← covariant derivative (recall later)

there are several other results and conjectures we will discuss later but first we give some Riemannian

and context background

II. Riemannian geometry

recall the curvature of a curve:

given $\gamma: \mathbb{R} \rightarrow \mathbb{R}^3$ unit speed
 $\gamma'(0) = p$

then the curvature is

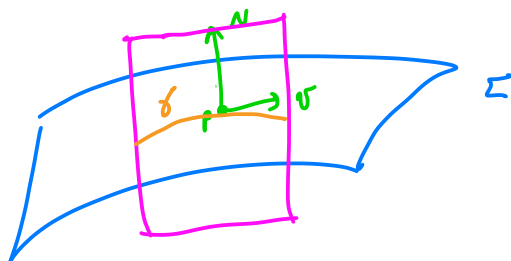
$$K_p = |\gamma''(0)|$$

how fast γ bending
from a line

given a surface $\Sigma \subset \mathbb{R}^3$ a point $p \in \Sigma$ and
a unit vector $v \in T_p \Sigma$

let γ be the curve $\Sigma \cap \text{span}\{v, N\}$

normal
vector
to Σ



parameterize γ so it is unit speed

the curvature of Σ in direction v is

$$K_p(v) = \gamma''(0) \cdot N$$

note: $K_p: S^1 \rightarrow \mathbb{R}$

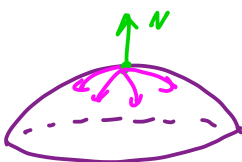
unit circle in $T_p \Sigma$

so K_p has a max and min: K_{\min}, K_{\max}

the Gauss curvature of Σ at p is $K = K_{\min} K_{\max}$

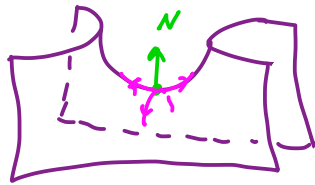
examples:

i) if $K > 0$ then at p , Σ "locally curves to one
side of $T_p \Sigma$ "



i.e. if you tried to flatten it
on table it would rip

2) if $K < 0$ then at p , Σ is "locally on both sides of $T_p \Sigma$ "



i.e. if you try to flatten it would wrinkle

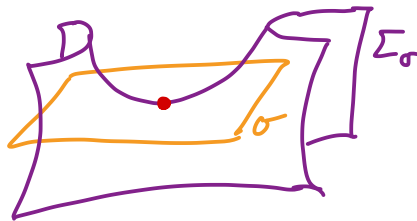
In general, you can define K for any surface with a Riemannian metric (i.e. inner product on tangent vectors)

does not have to be in \mathbb{R}^3 , but this give intuition

the "curving in on itself" can be made rigorous by saying

if Σ a compact oriented surface and $K > 0$ on Σ then $\Sigma \cong S^2$

more generally: M an n -manifold
 g a metric on M
 σ a plane in $T_p M$ } $\Rightarrow \Sigma_\sigma$ a surface in M made of geodesics tangent to σ



recall these are "straight lines" "locally shortest paths"

Σ_σ gets metric from M

define

$K(\sigma) =$ Gauss curvature of Σ_σ at p

this is the sectional curvature of (M, g) along σ

a vast generalization of above observation is

Sphere Th^m (Rauch, Klingenberg, Berger)

if M is a compact, simply connected, Riemannian n -manifold st. \exists a constant $C > 0$ st.

$$\frac{1}{4}C < K(\sigma) \leq C$$

for all σ , then M is homeomorphic to S^n

- Brendle-Schoen 2007 \Rightarrow diffeo!
- if $<$ changed to \leq then not true! eg $\mathbb{C}P^n$

Th^m (Cartan-Hadamard):

a simply connected manifold with a complete non positively curved metric is diffeomorphic to \mathbb{R}^n

these are two prototypical examples of the interplay between geometry and topology!

more types of curvature:

Ricci curvature is a "average" of sectional curvature:

given unit vector $v \in T_p M$

let $v_1, \dots, v_{n-1} \in T_p M$ st.

v, v_1, \dots, v_{n-1} is an orthonormal basis

$$\text{Ric}_p(v) = \sum_{i=1}^{n-1} K(\text{span}\{v, v_i\})$$

some put $\frac{1}{n-1}$ here

Scalar curvature is an "average" of Ricci curvature

if v_1, \dots, v_n an orthonormal basis for $T_p M$

then

$$S_p = \sum_{i \neq j} K(\text{span}\{v_i, v_j\})$$

recall a geodesic in a Riemannian manifold (M, g)

is a path γ that is locally length minimizing

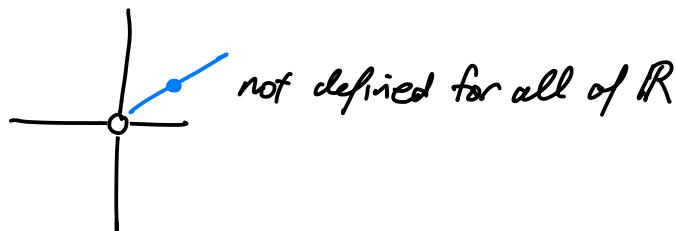
fact: given $v \in T_p M$ there is a unique geodesic

$$\gamma_v: (-\epsilon, \epsilon) \rightarrow M \quad \text{s.t.} \quad \begin{aligned} \gamma_v(0) &= p \\ \gamma'_v(0) &= v \end{aligned}$$

we say g is complete if each geodesic can be extended to a geodesic defined on \mathbb{R} i.e.

$$\gamma_v: \mathbb{R} \rightarrow M$$

eg: $\mathbb{R}^2 - \{0\}$ with standard "flat" metric is not complete



we can define a map

$$\exp_p: T_p M \rightarrow M$$

by sending $v \in T_p M$ ($v \neq 0$) to $\gamma_v(1)$
(and 0 to p)

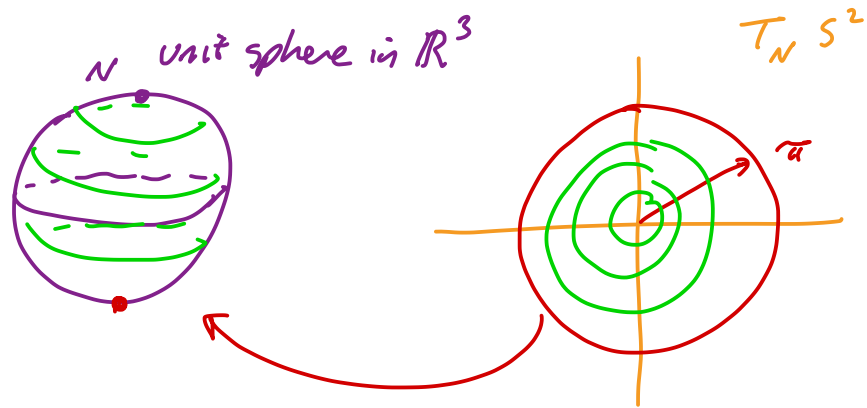
it is known \exp_p is a diffeomorphism from
a nbhd of $0 \in T_p M$ to a nbhd of $p \in M$

we define the injectivity radius at p to be

$$inj_p = \sup \{ r \text{ s.t. } \exp_p|_{B_0(r)} \text{ is a diffeo. onto its image} \}$$

ball of radius r about $0 \in T_p M$

example:



$$\text{so } \text{inj}_N = \pi$$

if $r < \text{inj}_p$ then $B_p(r) = \text{im } \exp_p(B_0(r))$

is called the geodesic ball of radius r

and its boundary $S_p(r)$ the geodesic sphere

one last thing we will need (for now) is the Hodge star operator

let V be a vector space with inner product

and e_1, \dots, e_n an oriented orthonormal basis

and e^1, \dots, e^n the dual basis for V^*

$$*: \Lambda^k V^* \rightarrow \Lambda^{n-k} V^*$$

is defined by sending the basis element $e^{i_1} \dots e^{i_k}$

to $e^{j_1} \dots e^{j_{n-k}}$

where $e_{i_1} \dots e_{i_n}, e_{j_1}, \dots, e_{j_{n-k}}$ is an oriented basis for V

exercise: 1) $*1 = e^1 \dots e^n$

so $*: \Lambda^0 V \rightarrow \Lambda^n V: r \mapsto r e^1 \dots e^n$

$$2) *e^i = (-1)^{i-1} e^1 \wedge \dots \wedge \widehat{e^i} \wedge \dots \wedge e^n$$

3) $** : \Lambda^p V^* \rightarrow \Lambda^p V^*$ is multiplication by $(-1)^{p(n-p)}$

$$4) \langle v, w \rangle = *(v \wedge *w) = *(w \wedge *v)$$

inner product

now if g is a metric on M then it gives an inner product on $T_p M$ for all $p \in M$ so we can apply the Hodge star to each $T_p M$ to get a Hodge star operator

$$* : \Omega^k(M) \rightarrow \Omega^{n-k}(M)$$

exercise:

given a metric g we get an isomorphism

$$\phi_g : TM \rightarrow T^*(M) : v \mapsto g(v, \cdot)$$

if we let $\mathcal{X}(M) =$ vector fields on M

and $C^\infty(M) =$ functions on M

then for a 3-manifold we have

$$\begin{array}{ccccccc} C^\infty(M) & \xrightarrow{D_1} & \mathcal{X}(M) & \xrightarrow{D_2} & \mathcal{X}(M) & \xrightarrow{D_3} & C^\infty(M) \\ \downarrow \text{id} & & \downarrow \phi_g & & \downarrow * \circ \phi_g & & \downarrow \text{id} \\ \Omega^0(M) & \xrightarrow{d} & \Omega^1(M) & \xrightarrow{d} & \Omega^2(M) & \xrightarrow{d} & \Omega^3(M) \end{array}$$

the vertical arrows are isomorphisms

define D_i using isomorphisms and d

Show for \mathbb{R}^3 with standard metric

$$D_1 = \text{gradient}$$

$$D_2 = \text{curl}$$

$$D_3 = \text{divergence}$$

III Contact Geometry

a contact structure on a 3-manifold M is a plane

$$\text{field } \{^2 \subset TM$$

$\swarrow \searrow$
 M

that is non-integrable

(i.e. not tangent to a surface along an open set in the surface)

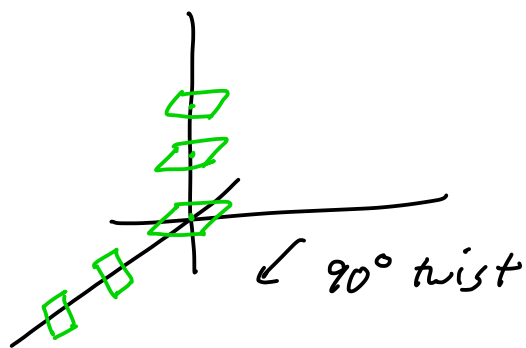
one can show $\{$ is contact $\Leftrightarrow \exists$ (locally) a 1-form α s.t.

$$\{ = \ker \alpha$$
$$\alpha \wedge d\alpha > 0$$

(we always assume α can be defined globally)

examples:

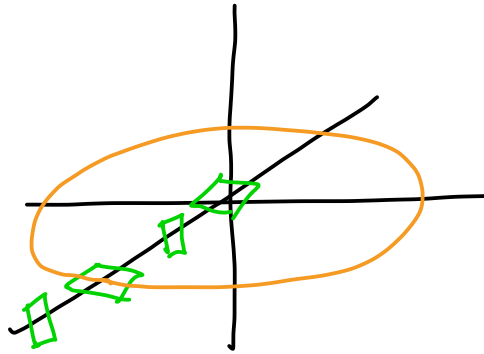
1) \mathbb{R}^3 $\{_{\text{std}} = \ker(dz - r^2 d\theta) = \text{span} \left\{ \frac{\partial}{\partial r}, r^2 \frac{\partial}{\partial z} + \frac{\partial}{\partial \theta} \right\}$



2) $S^3 = \text{unit sphere in } \mathbb{C}^2$

$$\begin{aligned} \mathfrak{F}_{std} &= \text{complex tangencies to } S^3 \\ &= \ker(x_1 dy_1 - y_1 dx_1 + x_2 dy_2 - y_2 dx_2) \\ &= \text{orthogonal planes to Hopf fibration} \end{aligned}$$

$$3) \mathbb{R}^3 \quad \mathfrak{F}_{ot} = \ker(\cos r dz + r \sin r d\theta)$$



$$\text{note } D = \{(r, \theta, z) \mid z = 0, r \leq r\}$$

has ∂D tangent to \mathfrak{F}_{ot}

such a disk is called an overtwisted disk

if a contact structure has such a disk

it is called overtwisted

otherwise called tight

Facts:

1) (Darboux 1882) every contact structure is locally equivalent to $(\mathbb{R}^3, \mathfrak{F}_{std})$

2) (Lutz, Martinet 1970) every closed oriented 3-manifold admits a contact structure

3) (Bennequin 1982)

(S^3, ξ_{std}) and $(\mathbb{R}^3, \xi_{std})$ are tight

(Birth of contact topology!)

4) (Eliashberg 1992)

classified overtwisted contact structures

$\left\{ \begin{array}{l} \text{of structures upto} \\ \text{isotopy} \end{array} \right\} \leftrightarrow \left\{ \begin{array}{l} \text{plane fields upto} \\ \text{homotopy} \end{array} \right\}$

→
can understand via
algebraic topology

5) (Eliashberg 1992)

there is a unique tight contact
structure on S^3

6) (Etnyre-Honda 2001)

not all closed orientable 3-manifolds
have tight contact structures



doesn't

(Poincaré homology
sphere with opposite
orientation)

later Lisca-Stipsicz: all Seifert
fibered spaces have tight contact
structures except



7) tight contact structures are important

in CR-geometry

as boundaries of symplectic manifolds

in fluid mechanics

in knot theory

in 3-manifold topology

and they have a rich and subtle structure

Major open question

Do hyperbolic manifolds admit
tight contact structures

IV Metrics and Contact Structures

let ξ be a plane field on a 3-manifold M

exercise: the Frobenius theorem says ξ is integrable

iff the flow of a non-zero vector field tangent
to ξ preserves ξ

so if ξ contact then it must twist as you flow
along a vector field tangent to ξ

let's see how to measure this with a Riemannian metric

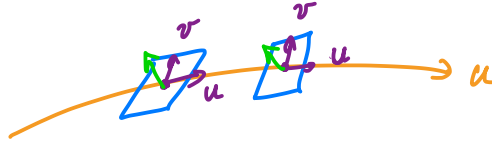
let g be a metric on M and

ξ be a plane field

fix an orthonormal basis u, v for ξ and

let n = oriented unit normal to ξ

we want to measure how much ν twists
as we flow along ν



let ϕ_t be the flow of u

$$g((\phi_{-t})_* \nu, \eta)$$

says how much ν twists but to normalize we scale
and define

$$\theta(t) = \cos^{-1} \left(- \frac{g((\phi_{-t})_* \nu, \eta)}{\|(\phi_{-t})_* \nu\|} \right) \quad (1) \quad \text{note sign incorrect in EKM paper}$$

for \exists to be a (positive) contact structure $\theta(t)$ must
be increasing

we call $\theta' = \theta'(0)$ the instantaneous rotation of \exists

θ' is a function on M and \exists is contact $\Leftrightarrow \theta' > 0$

note: θ' might depend on ν, u

to see this is not the case we can rewrite (1) as

$$\cos \theta(t) = - \frac{g((\phi_{-t})_* \nu, \eta)}{\|(\phi_{-t})_* \nu\|}$$

differentiate with respect to t to get

$$\theta'(t) \sin(\theta(t)) = \frac{d}{dt} \frac{g((\phi_{-t})_* \nu, \eta)}{\|(\phi_{-t})_* \nu\|}$$

$$\text{at } t=0 = \frac{d}{dt} \left(\frac{1}{\|(\phi_{-t})_* \nu\|} \right) g((\phi_{-t})_* \nu, \eta) + \frac{1}{\|(\phi_{-t})_* \nu\|} \frac{d}{dt} g((\phi_{-t})_* \nu, \eta)$$

$$\theta' = \left(\quad \right) g(\nu, \eta) + \frac{1}{\| \cdot \|} g(\mathcal{L}_u \nu, \eta)$$

only consider one
point so no derivative
of g

$$\theta' = g(\eta, [u, v])$$

if α is any contact form for Σ then $m\alpha(\cdot) = g(\eta, \cdot)$
for some function m

$$\begin{aligned} \text{so } \theta' &= m \alpha([u, v]) \\ &= m (u \cdot \alpha(v) - v \cdot \alpha(u) + \alpha([u, v])) \\ &= m d\alpha(u, v) \end{aligned}$$

← since $v \in \ker \alpha$

now if u', v' two other oriented orthonormal vector fields spanning Σ then

$$\begin{aligned} u' &= a u + b v && \text{for functions } a, b, c, d \\ v' &= c u + d v && \text{st. } ac - bd = 1 \end{aligned}$$

$$\begin{aligned} \text{now } m d\alpha(u', v') &= m d\alpha(a u + b v, c u + d v) \\ &= m (ad - bc) d\alpha(u, v) \\ &= m d\alpha(u, v) \end{aligned}$$

so θ' only depends on Σ and g

definition:

we say a metric g on M is weakly compatible with a contact structure Σ if there is a Reeb vector field R for Σ such that $R \perp_g \Sigma$

(recall R is a Reeb vector field for Σ if R is transversal to Σ and flow of R preserves Σ
given a contact form α for Σ , \exists a unique Reeb field R_α satisfying $\alpha(R_\alpha) = 1$ and $\mathcal{L}_{R_\alpha} \alpha = 0$)

Proposition 1:

let α be a contact form on M
 g a Riemannian metric
 R_α the Reeb field of α

Then the following are equivalent

- 1) $R_\alpha \perp g$? (i.e. g weakly compat. with ?)
- 2) $*d\alpha = \theta' \alpha$
- 3) $g(u, v) = \frac{\rho}{\theta'} d\alpha(u, \phi(v)) + \rho^2 \alpha(u) \alpha(v)$

Hodge
Star

where $\rho = \|R_\alpha\|$

\mathcal{J} is complex structure on ?
 given by rotation by $\pi/2$

$\phi: TM \rightarrow ?$ is projection to
 ? followed by \mathcal{J}

note: given any contact form α with Reeb field R_α

any positive functions $\rho, \theta': M \rightarrow \mathbb{R}$

and any complex structure $\mathcal{J}: ? \rightarrow ?$

such that $d\alpha(v, \mathcal{J}v) > 0$ for $v \neq 0$

and $d\alpha(\mathcal{J}v, \mathcal{J}v) = d\alpha(v, v)$

} \mathcal{J} is said
 to be compatible
 with $d\alpha$
 (lots of these)

define $TM = ? + \text{span}\{R_\alpha\} \xrightarrow{\text{proj}} ? \xrightarrow{\mathcal{J}} ?$
 ϕ

then $g(u, v) = \frac{\rho}{\theta'} d\alpha(u, \phi(v)) + \rho^2 \alpha(u) \alpha(v)$
 is weakly compatible with ?

so every ? has lots of weakly compatible metrics!

Proof: 1) \Rightarrow 2)

set $\rho = \|R_\alpha\|$

unit orthogonal to ? is $n = R_\alpha / \rho$

$$\text{so } \rho \alpha(v) = g(n, v)$$

from above computation we have

$$\theta' = \rho d\alpha(u, v)$$

for any oriented orthonormal basis u, v for $\{ \}$ (might only exist locally)
 $\{e_1, e_2, e_3\} = \{u, v, n\}$ is an orthonormal basis for TM

let $\{e^1, e^2, e^3\}$ be the dual basis for T^*M

$$\text{so } e^3 = \rho \alpha \quad \text{and } \alpha = \frac{1}{\rho} e^3$$

$$\text{write } d\alpha = a e^1 \wedge e^2 + b e^1 \wedge e^3 + c e^2 \wedge e^3$$

note: $L_{e_3} d\alpha = L_{\frac{1}{\rho} d\alpha} d\alpha = \frac{1}{\rho} L_{d\alpha} d\alpha = 0$

$$\therefore b = c = 0$$

$$a = d\alpha(e_1, e_2) = d\alpha(u, v) = \frac{\theta'}{\rho}$$

$$d\alpha = \frac{\theta'}{\rho} e^1 \wedge e^2$$

exercise: $* e^1 \wedge e^2 = e^3$

$$\text{so } *d\alpha = \frac{\theta'}{\rho} e^3 = \theta' \alpha$$

2) \Rightarrow 1) let v, u be an oriented orthonormal basis for $\{ \}$
 n the unit normal to $\{ \}$

u, v, n an orthonormal basis for TM

denote it e_1, e_2, e_3

let e^1, e^2, e^3 be the dual basis

$$*d\alpha = \theta' \alpha = \theta' m e^3 \quad \text{some } m$$

$$\therefore d\alpha = **d\alpha = * \theta' \alpha = \theta' m e^1 \wedge e^2$$

so $L_n d\alpha = 0 \quad \therefore n$ parallel to X_α

i.e. X_α orthogonal to $\{ \}$

3) \Rightarrow 1) is obvious so we are left to show

1) \Rightarrow 3) let $\Lambda'_3 = \{ \beta \in \Lambda^1 : \beta(X_\alpha) = 0 \}$

Exercise: $\phi_{d\alpha} : \{ \} \rightarrow \Lambda'_3 : v \mapsto d\alpha(v, \cdot)$

$\phi_g : \{ \} \rightarrow \Lambda'_3 : v \mapsto g(v, \cdot)$

are both isomorphisms

set $A = \phi_g^{-1} \circ \phi_{d\alpha}$

Claim: $A^2 = -\frac{1}{m^2} \text{id}$ for some positive $m : M \rightarrow \mathbb{R}$

indeed at a point pick a symplectic basis for $d\alpha$

i.e. e_1, e_2 st. $d\alpha = \begin{pmatrix} 0 & -1 \\ 1 & 0 \end{pmatrix}$

let f^1, f^2 be the algebraic dual basis

$\phi_{d\alpha} : \begin{matrix} e_1 \mapsto f^2 \\ e_2 \mapsto -f^1 \end{matrix}$

g is represented by some positive definite $\begin{pmatrix} a & b \\ b & c \end{pmatrix}$ $ac - b^2 > 0$

$$\begin{pmatrix} a & b \\ b & c \end{pmatrix}^{-1} = \frac{1}{ac - b^2} \begin{pmatrix} c & -b \\ -b & a \end{pmatrix}$$

so $\phi_g : \begin{matrix} e_1 \mapsto a f^1 + b f^2 \\ e_2 \mapsto b f^1 + c f^2 \end{matrix}$

$\therefore \phi_g^{-1} : \begin{matrix} f^1 \mapsto \frac{1}{ac - b^2} (c e_1 - b e_2) \\ f^2 \mapsto \frac{1}{ac - b^2} (-b e_1 + a e_2) \end{matrix}$

and $\phi_g^{-1} \circ \phi_{d\alpha} : \begin{matrix} e_1 \mapsto \frac{1}{ac - b^2} (-b e_1 + a e_2) \\ e_2 \mapsto \frac{1}{ac - b^2} (-c e_1 + b e_2) \end{matrix}$

i.e. its matrix is $A = \frac{1}{ac-b^2} \begin{pmatrix} -b & -c \\ a & b \end{pmatrix}$

$$\begin{aligned} \therefore A^2 &= \frac{1}{(ac+b^2)^2} \begin{pmatrix} -b & -c \\ a & b \end{pmatrix} \begin{pmatrix} -b & -c \\ a & b \end{pmatrix} \\ &= \frac{1}{(ac+b^2)^2} \begin{pmatrix} b^2-ac & bc-bc \\ -ba+ba & b^2-ac \end{pmatrix} = -\frac{1}{(ac+b^2)} \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix} \end{aligned}$$

so if $m = \sqrt{ac-b^2}$, $A^2 = -\frac{1}{m^2} \text{id}$

set $J = mA$

note $J^2 = m^2 A^2 = -\text{id}$

so J is a complex structure on Σ

for $v, w \in \Sigma$

$$\begin{aligned} (1) \quad g(Av, w) &= \phi_g(Av)(w) = \phi_{d\alpha}(v)(w) \\ &= d\alpha(v, w) = -d\alpha(w, v) \\ &= -g(Aw, v) = -g(v, Aw) \end{aligned}$$

$$\therefore g(Jv, w) = -g(v, Jw)$$

$$(2) \quad g(Jv, Jw) = -g(v, J^2 w) = g(v, w)$$

$$\begin{aligned} (3) \quad g(v, w) &= -g(v, J^2 w) = -m^2 g(v, A^2 w) \stackrel{(1)}{=} -m^2 d\alpha(Aw, v) \\ &= -m d\alpha(Jw, v) = m d\alpha(v, Jw) \end{aligned}$$

let u, v be orthonormal basis \bar{e} for Σ , n unit normal to Σ

a general vector is

$$w = au + bv + cn$$

we know $L_n d\alpha = L_{R_\alpha / \|R_\alpha\|} d\alpha = 0$

so $d\alpha(au + bv + cn, V)$ ← any vector

$$= d\alpha(au + bv, V)$$

$$= d\alpha(w^{\perp}, V)$$

↖ projection of w to ?

now $g(U, V) = g(U^{\perp}, V^{\perp}) + g(U^{\parallel}, V^{\parallel})$ ← normal component

$$\stackrel{(3)}{=} m d\alpha(U^{\perp}, \mathcal{J}V^{\perp}) + g(g(U, n)n, g(V, n)n)$$

$$= m d\alpha(U, \phi(V)) + g(U, n)g(V, n)$$

$$(4) \quad = m d\alpha(U, \phi(V)) + \rho^2 \alpha(U)\alpha(V)$$

(since $\|R_\alpha\| = \frac{\alpha}{\rho} = L_n g$)

we need to determine m

for this note for $v \in ?$

$$g(v, \mathcal{J}v) = m g(v, Av) \stackrel{(1)}{=} m d\alpha(v, v) = 0$$

so $\mathcal{J}v$ orthogonal to v (so \mathcal{J} rotation by $\pm \pi/2$)

$$(5) \quad \begin{aligned} \text{if } \|v\|=1 \text{ then } d\alpha(v, \mathcal{J}v) &= m d\alpha(v, Av) \\ &= m g(Av, Av) \\ &= \frac{1}{m} g(v, v) > 0 \end{aligned}$$

so $v, \mathcal{J}v$ oriented orthonormal basis for ? (\mathcal{J} rotation by $\pi/2$)

let $\{e_1, e_2\} = \{v, \mathcal{J}v\}$ and $e_3 = n = R_\alpha / \rho$

and e^1, e^2, e^3 be dual basis

as in proof of $1) \Rightarrow 2)$ we see

$$d\alpha = \frac{\theta'}{\rho} e^1 \wedge e^2$$

$$\therefore \frac{\theta'}{\rho} = d\alpha(e_1, e_2) = d\alpha(v, \mathcal{J}v)$$

$$= \frac{1}{m} g(v, v) = \frac{1}{m}$$

(5)

$$\text{so } m = \frac{\rho}{\theta'}$$

plug into (4) to get

$$g(U, V) = \frac{\rho}{\theta'} d\alpha(U, \phi(V)) + \rho^2 \alpha(U) \alpha(V) \quad \square$$

definition:

a contact structure \mathcal{J} and a metric g are compatible if there is a contact form α for \mathcal{J} such that

$$\|\alpha\| = 1 \quad \text{and}$$

$$\ast d\alpha = \theta' \alpha$$

for some constant θ'

(this is equivalent to saying the unit orthogonal to \mathcal{J} is a Reeb field and the instantaneous rotation is constant)

Remark:

This is the same as Chern and Hamilton's definition from 1984 if $\theta' = 2$

This form of compatibility has been extensively studied from a Riemannian geometry perspective (see book of David Blazynski and below)

we note that given a contact structure $\{$ there is a projection

$$\{\text{all metrics}\} \xrightarrow{\pi_{\{}} \{\text{compatible metrics w/ } \Theta' = 1\}$$

to define $\pi_{\{}$ note that if $g_{\{}$ is an inner product on $\{$ then we can get a compatible metric as follows:

- $g_{\{}$ gives area form Ω on $\{$
- take any contact form α_0 for $\{$
 note $d\alpha_0$ an area form on $\{$
 and for any $f > 0$, $d(f\alpha_0)|_{\{} = f d\alpha_0|_{\{}$
 so $\exists!$ function f_0 s.t. $d(f_0\alpha_0)|_{\{} = \Omega$
 set $\alpha = f_0\alpha_0$
- define g to be $g_{\{}$ on $\{$ and R_{α} to be orthogonal to $\{$ and of unit length

now define $\pi_{\{}(g) =$ extension of $g|_{\{}$ to a compatible metric

exercise: if g is compatible with $\{$ and $\Theta' = 1$ then $\pi_{\{}(g) = g$

Questions:

- 1) how do geometric quantities, like various curvatures, of g and $\pi_{\{}(g)$ compare? what if $\pi_{\{}(g)$ is "close" to g ?
- 2) if $\{_{\pm}$ is a family of contact structures how do $\pi_{\{_{\pm}}(g)$ compare?
- 3) what can you say about image $(\pi_{\{})$
- 4) if you fix g s.t. $g \in \text{im } \pi_{\{} \cap \text{im } \pi_{\{}$ what can you say about $\{$ and $\{'$?

recall if $E \rightarrow M$ is a bundle then a connection on E is a way to differentiating sections of E

more specifically if $\Gamma(E) = \text{sections of } E$

and $\mathcal{X}(M) = \Gamma(TM) = \text{vector fields on } M$

then a connection is a map

$$\nabla: \mathcal{X}(M) \times \Gamma(E) \rightarrow \Gamma(E)$$

$$(v, \sigma) \mapsto \nabla_v \sigma$$

satisfying

1) $\nabla_v \sigma$ is linear in $\mathcal{X}(M)$ as a $C^\infty(M)$ module

i.e. $f, g \in C^\infty(M)$, $v, w \in \mathcal{X}(M)$

$$\nabla_{fv+gw} \sigma = f \nabla_v \sigma + g \nabla_w \sigma$$

2) $\nabla_v \sigma$ is linear in $\Gamma(E)$ as an \mathbb{R} -vector space

$$\text{i.e. } \nabla_v a\sigma + b\eta = a \nabla_v \sigma + b \nabla_v \eta$$

for $a, b \in \mathbb{R}$

3) $\nabla_v \sigma$ satisfies a product rule

$$\nabla_v (f\sigma) = f \nabla_v \sigma + (v \cdot f) \sigma$$

for $f \in C^\infty(M)$

a linear connection is a connection on $\mathcal{X}(M) = \Gamma(TM)$

Facts: 1) connections exist for any E

2) given a linear connection there exist unique connections on $\underbrace{TM \otimes \dots \otimes TM}_k \otimes \underbrace{T^*M \otimes \dots \otimes T^*M}_l$

such that

1) on $C^\infty(M)$ (= 0^{th} tensor power of TM)

$$\nabla_v f = v \cdot f = df(v)$$

2)
$$\nabla_v (\sigma \otimes \eta) = (\nabla_v \sigma) \otimes \eta + \sigma \otimes \nabla_v \eta$$

3)
$$\nabla_v (\text{tr } \sigma) = \text{tr} (\nabla_v \sigma)$$

then trace means plug one of the sections of TM into one of the sections of T^*M

3) given a metric g there is a unique linear connection satisfying

1)
$$\nabla_v g(u, w) = g(\nabla_v u, w) + g(u, \nabla_v w) \quad (\text{compatible})$$

2)
$$\nabla_v w - \nabla_w v = [v, w] \quad (\text{symmetric})$$

this is called the Levi-Civita connection of g
 we will always use this connection

lemma 2:

If Σ and g are weakly compatible and n is the unit vector field normal to Σ then

$$\nabla_n n = -(\nabla_{\rho p})^\#$$

↖ gradient ↖ recall defⁿ ∇f is unique v.f. st. $df(v) = g(\nabla f, v)v$

where v^i is the component of v in Σ

and $\rho = \|R\|$ where R is the Reeb vector field showing weak compatibility

Proof: for any vector field u

$$0 = \nabla_u g(n, n) = 2g(\nabla_u n, n)$$

so $\nabla_n n$ is tangent to $\Sigma = n^\perp$

now for $v \in \Sigma$

$$\begin{aligned} g(\nabla_n n, v) &= -g(n, \nabla_n v) && (g(n, v) = 0 \text{ so } g(\nabla_n v, n) + g(v, \nabla_n n) = 0) \\ &= -g(n, \nabla_n v - \nabla_v n) && (\text{from above } g(n, \nabla_v n) = 0) \\ &= -g(n, [n, v]) \\ &= -\rho \alpha([n, v]) && (\text{recall } g(n, \cdot) = \rho \alpha(\cdot)) \\ &= \rho \left(\cancel{d\alpha(n, v)} - \cancel{n \cdot \alpha(v)} + v \cdot \alpha(n) \right) && (n = \frac{1}{\rho} R_\alpha \rightarrow \alpha(v) = 0) \\ &= \rho v \cdot \left(\frac{1}{\rho} g(n, n) \right) && (d\alpha(u, v) = u \cdot \alpha(v) - v \cdot \alpha(u) - \alpha([u, v])) \\ &= \rho v \cdot \left(\frac{1}{\rho} \right) = -\rho \left(\frac{1}{\rho^2} d\rho(v) \right) && (\text{as above}) \\ &= -d(\ln \rho)(v) \\ &= -g(\nabla \ln \rho, v) && (\text{def}^\wedge \text{ gradient}) \end{aligned}$$

so $\nabla_n n$ is in Σ and pairs with all vectors in Σ the same as

$$-\nabla \ln \rho, \therefore \nabla_n n = -(\nabla \ln \rho)^\sharp \quad \square$$

Remark:

- 1) note that if Σ and g are compatible then the flow of the associated Reeb vector field is tangent to geodesics
- 2) Zeghib showed that no closed hyperbolic manifold can have a non-singular vector field whose flow traces out geodesics

this is one of the major motivations for introducing weakly compatible metrics!

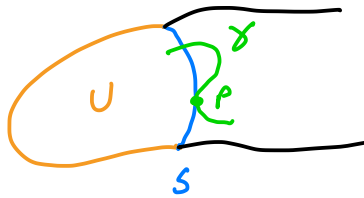
V Convexity

let S be a hypersurface in a Riemannian manifold (M, g)
that bounds a domain U

U is geodesically convex if for any geodesic γ
tangent to S at a point p we have

$$\gamma \cap U = \{p\}$$

↑ locally neighborhood of p in γ only intersects U at p



lemma 1:

if $f: M \rightarrow \mathbb{R}$ s.t. $c \in \mathbb{R}$ is a regular value and

$$S = f^{-1}(c)$$

$$U = f^{-1}((-\infty, c])$$

then U is geodesically convex

\Leftrightarrow

$$\nabla^2 f(v, v) > 0 \quad \forall v \in TS$$

here $\nabla^2 f(v, v)$ is the Hessian of f and is defined by

$$\nabla^2 f(u, v) = (\nabla_u df)(v)$$

$$= \nabla_u \nabla_v f - \nabla_{\nabla_u v} f = \frac{1}{2} \mathcal{L}_{\nabla f} g(u, v)$$

idea: compose f with a geodesic to get map $(-\epsilon, \epsilon) \rightarrow \mathbb{R}$
its first derivative is 0 since tangent to S
its second derivative is positive ...

let

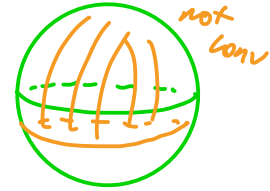
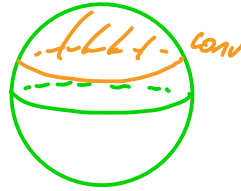
$$\text{Conv}(g) = \sup_r \left\{ B_r(p) \text{ is geodesically convex} \right\}$$

for all $p \in M$

convexity
radius

example: unit $S^2 \subset \mathbb{R}^3$ with induced metric has

$$\text{conv} = \pi/2$$



Thm 2:

if $K > 0$ and $\text{sec}(g) \leq K$ then

$$\text{conv}(g) \geq \min \left\{ \text{inj}(g), \frac{\pi}{2\sqrt{K}} \right\}$$

where $\text{inj}(g)$ is the injectivity radius

if $\text{sec}(g) \leq 0$, then $\text{conv}(g) = \text{inj}(g)$

now for symplectic convexity

let (W, J) be an almost complex manifold

Ω a domain in W bounded by Σ

let $\mathcal{C} \subset T\Sigma$ be the complex tangencies to Σ

$$\text{i.e. } \mathcal{C} = T\Sigma \cap J(T\Sigma)$$

we say Σ (or Ω) is (strongly) pseudoconvex if \mathcal{C} is

a positive contact structure (and Σ oriented as $\partial\Omega$)

if $f: W \rightarrow \mathbb{R}$ is a function and c a regular value s.t.

$$\Sigma = f^{-1}(c)$$

$$\Omega = f^{-1}((-\infty, c])$$

then

$$\mathcal{C} = \ker(-df \circ J)$$

so \mathcal{C} a contact structure

\Leftrightarrow

$$L(u, v) > 0 \text{ for } v \in \mathcal{C}$$

where

$$L(u, v) = -d(df \circ J)(u, Jr)$$

is the Levi form

Why do we care about pseudoconvex hypersurfaces?

answer: control holomorphic curves

given a Riemannian surface (F, j)

and an almost complex manifold (X, J)

a map $u: F \rightarrow X$ is called holomorphic if

$$du \circ j = J \circ du \quad (\text{du preserves respects almost complex str.})$$

if Σ is pseudoconvex surface bounding Ω

and $u(F) \subset \Omega$ then $u(F)$ can't be

tangent to Σ (if $\Sigma = f^{-1}(c)$ as above
fou satisfies a "maximum principal")

where do we use holomorphic curves?

Th^m(Hofer):

if M is closed and ζ is an overtwisted contact str on M , then any Reeb vector field for ζ has a close orbit

Sketch of proof:

consider $W = (-\infty, 0] \times M$

if α is a contact form for \mathcal{F} , then $\omega = d(e^t \alpha)$ a symplectic structure on W and \exists an almost complex str. J on W that sends R_α to $\frac{\partial}{\partial t}$ and preserves \mathcal{F}
 ↖ Reeb field ↗ word on $[-\infty, 0]$

you can easily check $\{t\} \times M$ pseudoconvex $\forall t$

let D be an overtwisted disk in (M, \mathcal{F})

its characteristic foliation is

↖ singular foliation
tangent to $\mathcal{F}|_{\partial D}$



- Bishop proved there are holomorphic disks

$$u_t: (D^2, \partial D^2) \rightarrow (W, \{\mathcal{F}\} \times D) \quad t \in [0, \epsilon)$$

such that

u_0 constantly $p \in D$

$\bigcup_t u_t(\partial D^2)$ fill a nbhd of p in D



Fact: $u(\partial D^2)$ must be transverse to leaves of $D_\mathcal{F}$ (if not constant)
 (another max principal)

- "Standard" functional analysis says

if you extend the family of u_t above they always fill out an open subset of D

(this is because the holomorphic curve equations are elliptic)

- What happens if we have a Cauchy sequence of holomorphic disks $u_n: (D^2, \partial D^2) \rightarrow (W, \{\mathcal{F}\} \times D)$

if $\text{im } u_n$ stay in $[a, 0] \times W$ for some a

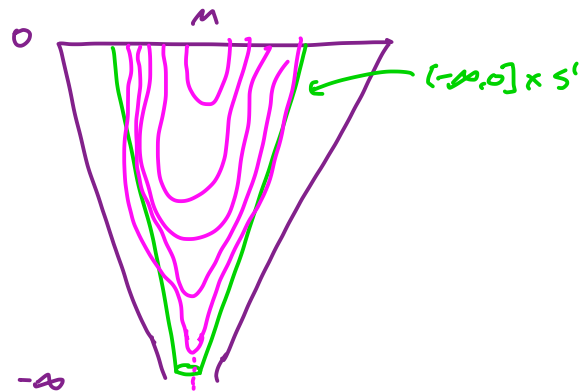
then Arzela-Ascoli says they will converge to another holomorphic disk

unless the ∇u_n blows up

but in this situation Gromov says
that can't happen ("no bubbling" since
all $\{t\} \times M$ convex)

so if u_n don't converge to a holomorphic
disk, then image of u_n must
"go to $-\infty$ "

Hofer says if this is the case then there
must be a periodic orbit in R_x
specifically, limit of u_n will be asymptotic
to $(-\infty, 0] \times \gamma$ for some periodic orbit



so if no periodic orbits any u_n converge
to another holomorphic disk

\therefore subset of D filled by boundaries of
holomorphic disks is closed!

- in this case subset of D filled by such
boundaries is open and closed \therefore all of D !
but first boundary of holomorphic disk to touch ∂D

will be tangent to $\partial D = \text{leaf of } D_?$

this contradicts Fact above

\therefore must have closed orbit in flow of R_α ! 

note: if M not closed, but $(-\infty, 0] \times \partial M$ pseudo-convex then same argument says must be periodic orbit!

Putting 2 convexities together

Th^m 3 (E-Komendarczyk-Massot):

let g be weakly compatible with (M, ζ)

S a surface in M cut out by f and

U the sublevel set

$$\Sigma = \mathbb{R} \times S \subseteq \mathbb{R} \times M$$

$$\Omega = \mathbb{R} \times U \subseteq \mathbb{R} \times M$$

let R is the Reeb field for ζ showing weak compatibility with g

J be an almost complex structure on $\mathbb{R} \times M$ that

preserves ζ and sends R to $\frac{\partial}{\partial t}$

for any $v \in \mathbb{C} \xrightarrow{\text{complex tangencies to } \Sigma}$

we have

$$L(\sigma, v) = \nabla^2 f(v, v) + \nabla^2 f(Jv, Jv) \quad \|\mathbb{R}\| \\ - \|\sigma\|^2 g(\nabla \ln \rho - (\nabla \ln \rho)^\perp, \nabla f)$$

instantaneous rotation

the proof is a long computation

we can use this to prove a Darboux theorem with estimates

given (M, ζ) a contact manifold and

g a metric on M

we define

$$\tau(g) = \sup \left\{ r \mid \begin{array}{l} \text{\{ \} restricted to } B_r(p) \\ \text{is tight for all } p \in M \end{array} \right\}$$

↑ tightness radius or
Darboux radius

Thm 4 (EKM):

if g is a metric compatible with (M, \mathcal{F})

then

$$\tau(g) \geq \text{conv}(g)$$

note: if M compact it is easy to use Darboux + Lebesgue number to prove $\tau(g)$ bounded by positive number but not possible on non-compact manifold and computing a lower bound in compact case would be hard

Proof:

fix a point $p \in M$ for all $r < \text{conv}(g)$ we know $B_r(p)$ is geodesically convex

let $\mathcal{C}_r =$ complex tangencies to $\partial(\mathbb{R} \times B_r(p))$

then $\nabla^2 f(v, v), \nabla^2 f(Jv, Jv) \geq 0$ and

one must be positive

$$\therefore L(v, v) > 0$$

and \mathcal{C}_r pseudoconvex for $r < \text{conv}(g)$

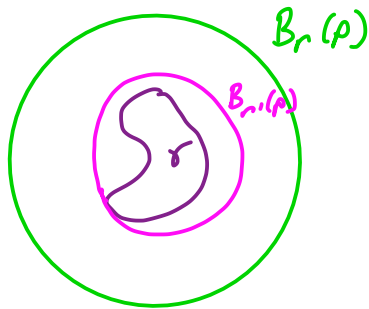
we can adapt a theorem of Hofer (see note above) to

see that if $\mathcal{F}|_{B_r(p)}$ is overtwisted then there

is a close Reeb orbit γ in $B_r(p)$

recall γ is also a geodesic

but now



let r' be the largest radius st.

$$\partial B_{r'}(p) \cap \delta$$

must have $\partial B_{r'}(p)$ tangent to δ
and $\delta \subset B_{r'}(p)$ & convexity

so $\exists B_{r'}(p)$ tight! 

Th^m 5 (EKM):

let (M, ζ) be a contact 3-manifold weakly compatible with a complete Riemannian metric g

if

$$\text{sec}(g) \leq -m_g^2$$

then (M, ζ) is universally tight

here

$$m_g = \sup_M \left\| \underbrace{\nabla \ln \rho - \nabla(\ln \theta')^\perp}_{\text{call this } D_g} \right\|$$

where ρ is the length of a Reeb vector field
 θ' is the instantaneous rotation of ζ

this is Th^m 2 from introduction section

$$-\text{sec} \geq m_g^2$$

$$m_g \leq \sqrt{-\text{sec}} \leq \sqrt{K}$$

Proof:

pull everything back to the universal cover $\tilde{M} \cong \mathbb{R}^3$

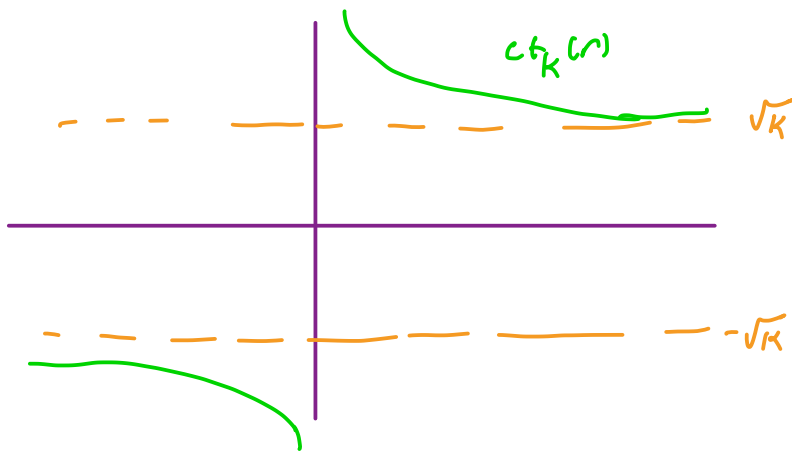
let $B_p(r)$ be ball of radius r about p

if $\text{sec}(g) \leq -k$ for some $k > 0$, then

below we see for $c_{t_k}(r) > m_g$

$\partial(\mathbb{R} \times B_r(p))$ is pseudo-convex

where $c_{t_k}(r) = \sqrt{k} \coth(\sqrt{k} r)$



but we are assuming $\sqrt{K} \geq \sqrt{-\sec(g)} \geq m_g$
 so $\partial(\mathbb{R} \times B_r(\rho))$ is pseudo-convex for all r

now arguing as in last proof if (\mathbb{R}^3, ζ) is overtwisted

\exists a closed Reeb orbit in $B_r(\rho)$ for some r

note: $\mathbb{R} \times \gamma$ is holomorphic in $\mathbb{R} \times \tilde{M}$ (with J used above)

start shrinking $B_r(\rho)$ to first r_0 where $\partial B_{r_0}(\rho) \cap \gamma \neq \emptyset$
 there $\mathbb{R} \times \gamma$ will be tangent to $\mathbb{R} \times \partial B_{r_0}(\rho)$

but this contradicts pseudoconvexity
 $\therefore M = \mathbb{R}^3$ is tight

now for the above claims about pseudoconvexity

fix ρ and let

$$r_\rho: M \rightarrow \mathbb{R}: x \mapsto d(\rho, x)$$

if $K > 0$ and $\sec(g) \leq -K$ then it is known that

$$\nabla^2 r_\rho \geq c_{t_K}(r) g$$

now for $v \in \mathcal{C}_r$ we can write it as

$$v = v^i + aR + b \frac{\partial}{\partial t}$$

recall J is an isometry on ζ so

$$\begin{aligned}
 g(v, v) &= g(v^1, v^3) + a^2 + b^2 \\
 &= g(Jv^1, Jv^3) + a^2 + b^2 = g(Jv, Jv)
 \end{aligned}$$

so

$$\begin{aligned}
 L(v, v) &= \nabla^2 r_p(v, v) + \nabla^2 r_p(Jv, Jv) - g(D_g, \nabla r_p) \|v\|^2 \\
 &\quad \uparrow \text{Th 3} \qquad \qquad \qquad \text{unit normal} \\
 &\geq 2 c_{t_k}(r) \|v\|^2 - \|\nabla r_p\| g(D_g, n_p) \|v\|^2 \\
 &\geq 2 c_{t_k}(r) \|v\|^2 - \|D_g\| \|v\|^2 \qquad \text{larger than } g(D_g, n_p) \\
 &\geq 2 c_{t_k}(r) \|v\|^2 - m_g \|v\|^2 \qquad \text{and } \|\nabla r_p\| = 1 \\
 &\geq (c_{t_k}(r) - m_g) \|v\|^2
 \end{aligned}$$

so $\partial(\mathbb{R} \times B_\rho(r))$ is convex if $c_{t_k}(r) \geq m_g$ 

VI Seeing Overtwisted Disks and the Contact Sphere Th^m

Th^m 6 (EKM):

let (M, ζ) be a contact manifold compatible with g
if $r < \text{inj}_p(g)$ and ζ is overtwisted on $B_r(p)$
then $\partial B_r(p) = S_r(p)$ contains an overtwisted disk

so we can't guarantee $\zeta|_{B_r(p)}$ is tight, we can
clearly see when it is not

we will prove this later but now prove the contact
sphere theorem

Proof of Contact Sphere Th^m (Th^m 1, from intro)

Recall we have (M, ζ) compatible with g and

$$\exists K > 0 \text{ st. } \forall (r < \text{sec}(g)) \leq K$$

we want to show ζ is tight

we pull ζ back to universal cover \tilde{M}

ordinary sphere th^m says $\tilde{M} \cong S^3$

easy to see if pulled back ζ is tight

so is ζ

so we assume $M = S^3$

for contradiction assume ζ is overtwisted

let D be an overtwisted disk



rescale g so that $K=1$ (note still compatible)

Bonnet-Meyer's Th^m says that

$$\text{diam}(M) < \frac{\pi}{\sqrt{4/9}} = \frac{3\pi}{2}$$

a result of Klingenberg says that

$$\text{inj}(g) \geq \frac{\pi}{\sqrt{1}} = \pi$$

and we mentioned above

$$\text{conv}(g) \geq \frac{\pi}{2\sqrt{1}} = \frac{\pi}{2}$$

using "standard" Toponogov comparison argument

we see that if $p, q \in M$ such that

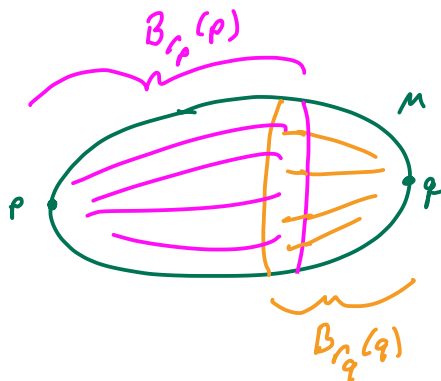
$$d(p, q) = \text{diam}(M)$$

then there are $r_p < \pi$ and $r_q < \frac{\pi}{2}$

s.t.

$$M = B_{r_p}(p) \cup B_{r_q}(q)$$

so

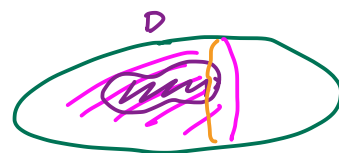


we can assume D does not contain q

Th^m 4 above says $B_{r_q}(q)$ is standard contact ball

for standard contact ball there is a vector field v whose flow pushes any point $\neq q$ into small nbhd of $\partial B_{r_q}(q) \subset \text{int } B_{r_p}(p)$

so we can assume $D \subset B_{r_p}(p)$




but Th^m 5 above says $\partial D_{r_p}(p)$ must now contain an overtwisted disk D' !

so $D' \subset \partial B_{r_p}(p) \subset B_{r_q}(q)$

contradicting tightness of $\{ \mid_{B_r^g(a)}$

$\therefore \{$ tight contact str on S^3

(Eliashberg says $\{$ standard) 

for the proof of Th^m 5 we need some preliminaries

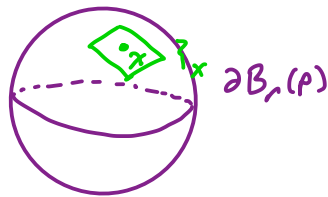
lemma 6:

if $(M, \{)$ is compatible with g and $r < \text{inj}_p(g)$, then the characteristic foliation $(\partial B_r(p))_{\{}$ has only 2 singular points (and they are $\gamma \cap \partial B_r(p)$ where γ is a Reeb flow line through p)

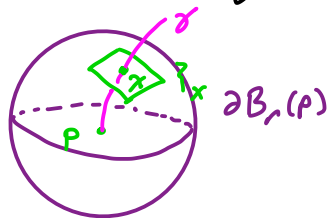
Proof:

suppose $x \in \partial B_r(p)$ is a singular point

so we have



let γ be a geodesic starting at p st. $\gamma(r) = x$



by the Gauss lemma we know

$$T_x(\partial B_r(p)) = \{_{\gamma}$$

is orthogonal to $\gamma'(r)$

$\therefore \gamma'(r) = R$ the Reeb field

and since the Reeb flow is

tangent to geodesics we see

γ is a Reeb flow line through p

\therefore can only be 2 singularities in $(\mathbb{B}_r, \text{cp1})_?$ 

We call a surface Σ in (M, \mathcal{F}) , \mathcal{F} -convex if there is a vector field transverse to Σ whose flow preserves \mathcal{F}

We say a sphere S is simple if $S_{\mathcal{F}}$ contains only two singular points (we call the positive one the north pole and the other the south pole)

$S_{\mathcal{F}}$ is almost horizontal if, in addition, all closed leaves of $S_{\mathcal{F}}$ are oriented as the boundary of the disk containing the north pole

examples:



almost horizontal



not almost horizontal

lemma 7 (Giroux):

If $S_{\mathcal{F}}$ is simple, then

$S_{\mathcal{F}}$ is \mathcal{F} -convex $\Leftrightarrow S_{\mathcal{F}}$ has no degenerate closed orbits

we are now ready for our main technical result

Proposition 8:

let B be a ball in (M, \mathcal{F})

B is a union of a point p and

spheres S_t for $t \in (0, 1]$

1) $(S_t)_\gamma$ is simple $\} \Rightarrow (S_t)_\gamma$ almost horizontal
 $\exists \beta$ tight

2) all $(S_t)_\gamma$ almost horizontal $\forall t \Rightarrow \exists \beta$ tight

3) if $(S_t)_\gamma$ all simple and $\exists \beta$ is overtwisted,
then $\exists t_0$ such that

$(S_t)_\gamma$ has a closed leaf for $t \geq t_0$

$\exists \beta_t$ tight for $t < t_0$

Proof of Th^m 6:

$$B_r(p) = p \cup \bigcup_{t \in (0, r]} S_t$$

lemma 7 says $(S_t)_\gamma$ simple since $r < \text{inj}(g)$

part 3) of Prop 8 \Rightarrow if $B_r(p)$ is overtwisted then

we see an overtwisted disk on $\partial B_r(p)$

Proof of Proposition 8:

1) obvious, if \exists closed leaf then contact str is overtwisted

2) for small t , B_t will be tight by Darboux's Th^m

so $(S_t)_\gamma$ has no closed leaves for t small

if there are no closed orbits in $(S_t)_\gamma$ for all t , then

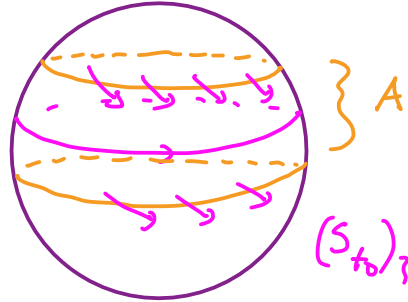
by lemma 7 all of the S_t are γ -convex

from this it is easy to argue that $\exists \beta$ is tight

(can show $\overline{B_1 - B_\epsilon} = S^2 \times [\epsilon, 1]$ has an $[\epsilon, 1]$ -invariant contact str, so B_1 is the result of adding a "collar nbhd" to B_ϵ)

so $\exists \beta$ is tight unless some $(S_t)_\gamma$ has a closed leaf

let t_0 be smallest t such that $(S_t)_\gamma$ has a closed orbit
 the closed orbit C of $(S_{t_0})_\gamma$ must be degenerate
 (we assume only one orbit, but you can consider other cases)
 we can find an nbhd A of C on S_{t_0} s.t.



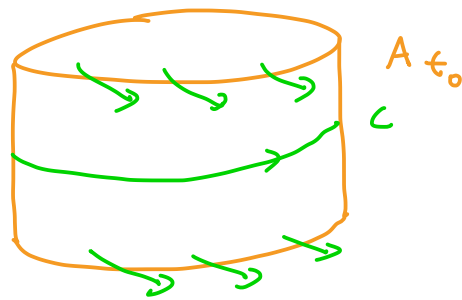
We can map $A \times [t_0 - \epsilon, t_0 + \epsilon]$ into B

- so that
- $A_t = A \times \{t\}$ maps to S_t
 - leaves of $(S_t)_\gamma$ enter top of A and exit bottom of A
 - $\{p\} \times [t_0 - \epsilon, t_0 + \epsilon]$ maps to Legendrian arcs

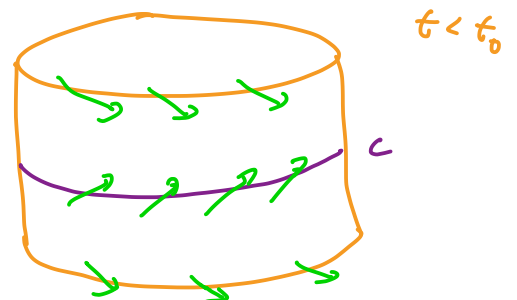
note: A_t has no closed leaves for $t < t_0$

recall the contact planes along $\{p\} \times [t_0 - \epsilon, t_0 + \epsilon]$
 rotate in left-handed way

since $(S_{t_0})_\gamma$ is almost horizontal we see



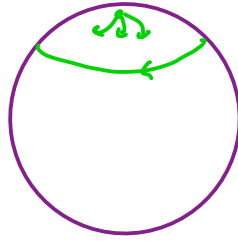
just before t_0 we see



so by Poincaré-Bendixson there must be a closed leaf in A_t

contradicts fact that t_0 smallest such t

- 3) note: the above argument says any time a new periodic orbit is born and is closest to north pole it must go east to west



same argument says if a northern most periodic orbit dies it must go west to east

now let t_0 be the first time a closed leaf appears in $(S_t)_?$

from above it must go east to west

as t increases there can be finitely many birth/deaths of periodic orbits

we inductively see that northern most orbit is always east to west and so can't die (i.e. all $(S_t)_?$ for $t \geq t_0$ have closed orbit)

let t_1, \dots, t_n be other birth/death times

from above $t \in [t_0, t_1)$ one orbit east to west

suppose hypothesis true for $t < t_k$

if t_{k+1} is a birth of an orbit closer to north pole than other orbits then done by above observation

(must go east to west)

if not northern most then done since
northern most still east to west

if t_{k+1} a death it can't involve northern
most orbit since deaths of
northern most orbit only occur for
west to east orbits

\therefore done

if $t < t_0$ then $\{B_t$ tight by 2) 