

XI Integration

A Orientations

let V be a vector space

we say two ordered bases

$$v_1, \dots, v_n \quad \text{and}$$

$$w_1, \dots, w_n$$

of V give the same orientation if the unique linear map $L: V \rightarrow V$ satisfying $L v_i = w_i$ has positive determinant

exercise: 1) "gives the same orientation" is an equivalence relation

2) \exists exactly 2 equivalence classes of bases

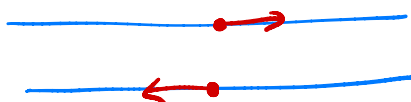
a choice of equivalence class is called an

orientation on V

(for 0-dim'l V we just call a choice of \pm for $\{0\}$ an orientation)

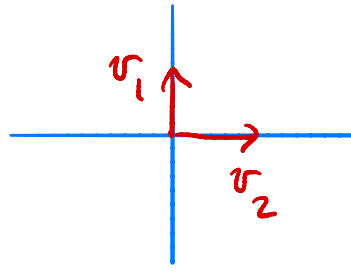
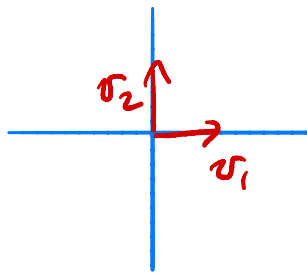
examples:

\mathbb{R}^1



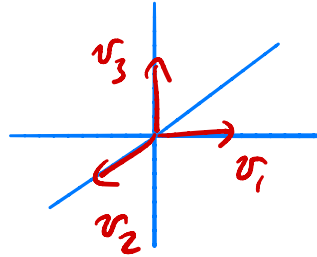
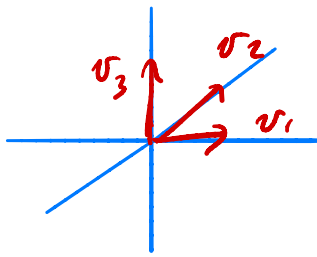
represent the two orientations

\mathbb{R}^2



represent the two orientations

\mathbb{R}^3



represent the two orientations

note: a basis for V gives a basis for V^*
 so an orientation on V gives one on V^*
 similarly for $T_x^k V$ and $\Lambda^l V$

if e_1, \dots, e_n and f_1, \dots, f_n are bases for V
 and $L: V \rightarrow V$ is the linear map $L f_i = e_i$
 then using the basis $\{f_i\}$ we can
 express L as a matrix $M = (m_i^j)$ where

$$e_i = \sum m_i^j f_j$$

we saw in lemma X.2 that

$$e^1 \wedge \dots \wedge e^n = (\det M) f^1 \wedge \dots \wedge f^n$$

exercise: given $\omega \in \Lambda^n V$ with $\omega \neq 0$, the set of ordered bases e_1, \dots, e_n such that $\omega(e_1, \dots, e_n) > 0$ form an orientation on V

Recall: $\Lambda^n V \cong \mathbb{R}$

so a choice of component of

$$\Lambda^n V - \{0\}$$

is equivalent to an orientation on $\Lambda^n V$ and hence on V

now consider a manifold M

let $\mathcal{O} = \Lambda^n M - \{\mathbb{0}\}$ ← image of zero section

$$= \coprod_{x \in M} (\Lambda^n(T_x M) - \{0\})$$

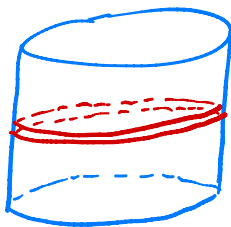
\mathcal{O} is an $(\mathbb{R} - \{0\})$ -bundle over M

fiberwise \mathcal{O} has 2 components, so if M is

connected then \mathcal{O} has either 1 or 2

components

example:



2 components



1 component

if \mathcal{O} has 2 components then we say M is orientable and a choice of component is called an orientation on M (note this gives an orientation on each $T_x M$ for all $x \in M$)

note: if M is connected and orientable, then an orientation on M is determined by a choice of component of \mathcal{O} above one point $x \in M$
i.e. by a nonzero elt of $\Lambda^n(T_x M)$
i.e. by a choice of oriented basis of $T_x M$

If M, N are oriented n -manifolds, then

a map $f: M \rightarrow N$ is called orientation preserving if it takes the component of \mathcal{O}_N defining the orientation to the component of \mathcal{O}_M defining the orientation

i.e. df takes a correctly oriented basis for $T_x M$ to a correctly oriented basis for $T_{f(x)} N$.

Th^m 1:

M a smooth manifold. The Following Are Equivalent

(a) M orientable

(b) \exists a collection of charts $\{ \phi_\alpha: U_\alpha \rightarrow V_\alpha \}$ for M such that $\{ U_\alpha \}$ cover M

$$\text{and } \det[d(\phi_\beta \circ \phi_\alpha^{-1})] > 0$$

whenever defined

(c) \exists a nonzero n -form on M

Proof:

(a) \Rightarrow (b)

let $\{\phi_\alpha: U_\alpha \rightarrow V_\alpha\}$ be all charts s.t. ϕ_α is orientation

preserving where $V_\alpha \subset \mathbb{R}^n$ has the orientation $\frac{\partial}{\partial x^1}, \dots, \frac{\partial}{\partial x^n}$

note: $\{U_\alpha\}$ clearly cover M since given any $\psi: U \rightarrow V$ that is not orientation preserving consider

$\tilde{\psi} = r \circ \psi: U \rightarrow r(V)$ where $r(x^1, \dots, x^n) = (x^1, \dots, x^n, x^{n+1})$

clearly $\det(d(r \circ \psi)) = (\det dr)(\det d\psi) > 0$

but now we clearly have $\det(d\phi_\alpha^{-1} \circ \phi_\beta) > \underline{0}$

(b) \Rightarrow (c)

let $\{\phi_\alpha: U_\alpha \rightarrow V_\alpha\}$ be a collection of charts as in (b)

recall we can find a partition of unity $\{\psi_\alpha: U_\alpha \rightarrow \mathbb{R}\}$

subordinate to $\{U_\alpha\}$

i.e. $0 \leq \psi_\alpha(x) \leq 1$,

• support $\psi_\alpha \subset U_\alpha$,

• $\forall x, \exists$ nbhd V_x s.t. $\psi_\alpha|_{V_x} = 0$ for all but finitely many α , and

• $\sum_\alpha \psi_\alpha(x) = 1$

now $dx^1 \wedge \dots \wedge dx^n$ is non zero n -form on \mathbb{R}^n
 \therefore on V_α for all α

and

$$\Psi_\alpha [\phi_\alpha^* (dx^1 \wedge \dots \wedge dx^n)]$$

is an n -form on M

set

$$\omega = \sum_\alpha \Psi_\alpha [\phi_\alpha^* (dx^1 \wedge \dots \wedge dx^n)]$$

this is clearly an n -form on M

exercise: ω is never zero

Hint: $\omega(x)$ is the sum of finitely many non zero forms

the condition $d(\phi_\alpha \circ \phi_\beta^{-1}) > 0$ says you are summing positive things

(c) \Rightarrow (a)

given ω as in (c) let

$$\Lambda^+ = \bigcup_{x \in M} \{ a \omega(x) \mid a \in \mathbb{R} \ a > 0 \}$$

$$\Lambda^- = \bigcup_{x \in M} \{ a \omega(x) \mid a \in \mathbb{R} \ a < 0 \}$$

clearly $\Lambda^+ \cap \Lambda^- = \emptyset$

$$\mathcal{O}_M = \Lambda^+ \perp \Lambda^-$$

so \mathcal{O}_M is disconnected 

exercise: $f: M \rightarrow M$

$\omega \in \Omega^n(M)$ gives an orientation on M
then f is orientation preserving

\Leftrightarrow

$f^*\omega(x)$ is a positive multiple $\omega_{f(x)}$

lemma 2:

M a smooth oriented n -manifold

S a smooth submanifold of M of codim 1

v a vector field along S that is transverse to S

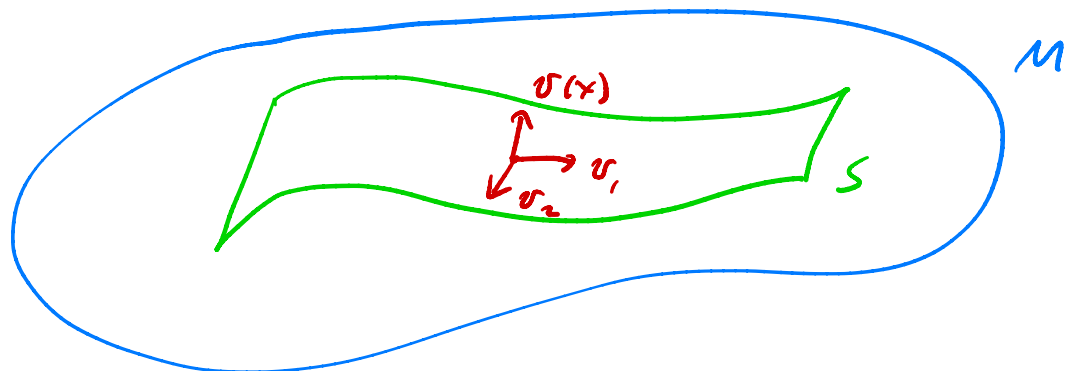
(i.e. v is a section of $TM|_S$ and $T_x S$
and $v(x)$ span $T_x M$)

Then \exists a unique orientation on S such that

(v_1, \dots, v_{n-1}) is an oriented basis for $T_x S$

\Leftrightarrow

$(v(x), v_1, \dots, v_{n-1})$ is an oriented basis for $T_x M$



Proof: let Ω be an n -form on M that

gives the orientation on M

let $\omega = (L_\nu \Omega)|_S$ this is an $(n-1)$ -form on S

one can easily check $\omega \neq 0$ on S

moreover $\omega(v_1, \dots, v_{n-1}) > 0 \Leftrightarrow \Omega(\nu(x), v_1, \dots, v_{n-1}) > 0$

examples:

1) $S^n \subset \mathbb{R}^{n+1}$

let $\nu = \sum x^i \frac{\partial}{\partial x^i}$

ν is transverse to S^n

$\Omega = dx^1 \wedge \dots \wedge dx^{n+1}$ orients \mathbb{R}^{n+1}

so $\omega = L_\nu \Omega = \sum (-1)^{i-1} dx^1 \wedge \dots \wedge \widehat{dx^i} \wedge \dots \wedge dx^{n+1}$
orients S^n

exercise:

let $r: \mathbb{R}^{n+1} \rightarrow \mathbb{R}^{n+1}: p \mapsto -p$

(note $r|_{S^n}: S^n \rightarrow S^n$)

show $r^* \omega = (-1)^{n+1} \omega$

so $r|_{S^n}$ is orientation preserving

\Leftrightarrow

n is odd

2) $\mathbb{R}P^2$ is not oriented

if it were then there is a non zero
2-form ω giving orientation

$$\text{let } p: S^2 \longrightarrow \mathbb{R}P^2 \\ (x^1, x^2, x^3) \longmapsto [x^1: x^2: x^3]$$

$$\text{(note: } p^{-1}(x) = \{y, r(y)\} \\ \text{for } y \text{ st. } p(y) = x$$

so if we define equivalence
relation on S^2 by

$$x \sim y \Leftrightarrow r(x) = y$$

$$\text{then } \mathbb{R}P^2 = S^2 / \sim$$

now $\tilde{\omega} = p^* \omega$ is a non zero 2-form
on S^2

(check this, but p is a local
diffeo. so clear)

$$\text{from above } \begin{array}{ccc} S^2 & \xrightarrow{r} & S^2 \\ p \searrow & & \swarrow p \\ & \mathbb{R}P^2 & \end{array}$$

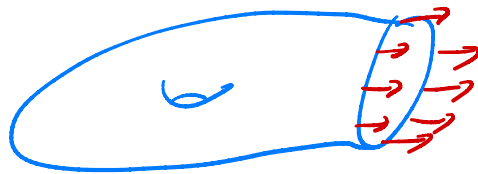
$$\text{so } p^* = (p^* \circ r)^* = r^* \circ p^*$$

$$\therefore \tilde{\omega} = p^* \omega = r^* (p^* \omega) = r^* \tilde{\omega}$$

$\therefore r$ is orientation preserving
 \otimes above exercise!

$\therefore \mathbb{R}P^2$ is not oriented

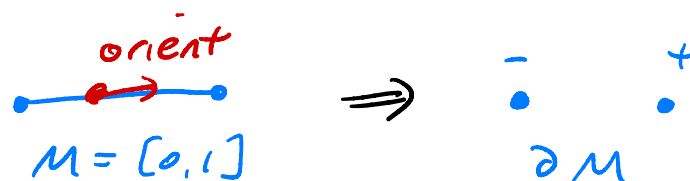
Recall in the proof of Th^m V.3 we saw that if M is a manifold with boundary then there is a vector field v on M such that $v(x)$ points out of M for all $x \in \partial M$

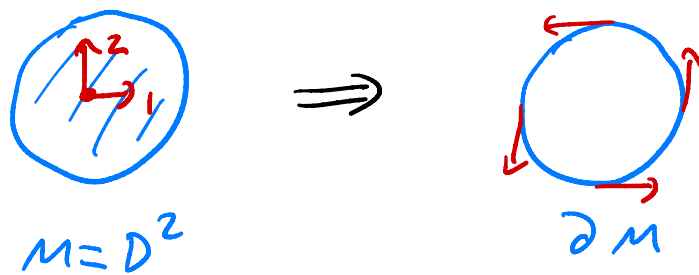


thus if M is an oriented manifold with boundary, then there is an orientation induced on ∂M using an outward pointing vector field along ∂M (as in lemma 2)

i.e. if Ω gives an orientation on M and v is an outward pointing vector field then $\omega = L_v \Omega|_{\partial M}$ orients ∂M

examples:





B. Integration

let x^1, \dots, x^n be standard coordinates on \mathbb{R}^n

$\Lambda^n \mathbb{R}^n \cong \mathbb{R}$ so an n -form looks like

$$\omega = f(x^1, \dots, x^n) dx^1 \wedge \dots \wedge dx^n$$

where $f: \mathbb{R}^n \rightarrow \mathbb{R}$ is a function

for any set $A \subset \mathbb{R}^n$ we define

$$\int_A \omega = \int_A f \, d\text{vol}$$

from vector calculus

note: if $\phi: \mathbb{R}^n \rightarrow \mathbb{R}^n$ is a coord change
 $\begin{matrix} x^1 \dots x^n & y^1 \dots y^n \end{matrix}$ (i.e. local diffeo)

and $\omega = f(y) dy^1 \wedge \dots \wedge dy^n$ then

$$\int_{\phi(A)} \omega = \int_{\phi(A)} f \, d\text{vol}_{y^1 \dots y^n}$$

vector calc
change of
variables \rightarrow

$$= \int_A (f \circ \phi) |\text{Jacobian } \phi| \, d\text{vol}_{x^1 \dots x^n}$$

depending
of ϕ orientation \rightarrow

$$= \pm \int_A (f \circ \phi) \det(d\phi) \, d\text{vol}_{x^1 \dots x^n}$$

preserving or
reversing

$$= \pm \int_A (f \circ \phi) (\det d\phi) \, dx^1 \wedge \dots \wedge dx^n$$

$$= \pm \int_A f^* \omega$$

so if ϕ is orientation preserving, then

$$\int_{\phi(A)} \omega = \int_A \phi^* \omega$$

now suppose $\omega \in \Omega^n(M)$

and M is oriented

if $\text{supp}(\omega) \subset \text{coord chart } U$, $\phi: U \rightarrow V$

then define

$$\int_M \omega = \int_{\mathbb{R}^n} (\phi^{-1})^* \omega$$

from above this is well-defined as long as ϕ is orientation preserving

now if M is oriented a $\{\phi_\alpha: U_\alpha \rightarrow V_\alpha\}_{\alpha \in A}$

is a set of oriented charts st.

$\{U_\alpha\}_{\alpha \in A}$ cover M (exist by Th^m 1)

then let $\{\psi_\alpha\}$ be a partition of unity subordinate to $\{U_\alpha\}$

for any $\omega \in \Omega^n(M)$ define

$$\begin{aligned} \int_M \omega &= \sum_{\alpha \in A} \int_M \psi_\alpha \omega && \leftarrow \text{supported in coord chart!} \\ &= \sum_{\alpha \in A} \int_{\mathbb{R}^n} (\phi_\alpha^{-1})^* (\psi_\alpha \omega) \end{aligned}$$

lemma 3:

$\int_M \omega$ is independent of cover $\{U_\alpha\}$
and partition of unity


i.e. $\int_M \omega$ is well-defined

Proof: let $\{\tilde{\phi}_\beta: U_\beta \rightarrow V_\beta\}$ and $\{\tilde{\psi}_\beta\}$ be another oriented cover of M and partition of unity

$$\int_M \psi_\alpha \omega = \int_M \left(\sum_\beta \tilde{\psi}_\beta \right) \psi_\alpha \omega = \sum_\beta \int_M \tilde{\psi}_\beta \psi_\alpha \omega$$

$$\text{so } \int_M \omega = \sum_{\alpha, \beta} \int_M \tilde{\Psi}_\beta \Psi_\alpha \omega$$

note $\tilde{\Psi}_\beta \Psi_\alpha \omega$ is supported
in U_α and \tilde{U}_β

so $\int_M \tilde{\Psi}_\beta \Psi_\alpha \omega$ is the same
whether we use U_α and \tilde{U}_β
chart. So $\int_M \omega$ independent
of cover and partition 

we can also define for $A \subset M$

$$\int_A \omega = \sum_{\alpha} \int_{\Phi_\alpha(U_\alpha \cap A)} (\Phi_\alpha^{-1})^* \Psi_\alpha \omega$$

Thm 4:

integrals satisfy

$$1) \int_M a\omega + b\eta = a \int_M \omega + b \int_M \eta$$

2) if \bar{M} is M with its opposite orientation
then $\int_{\bar{M}} \omega = - \int_M \omega$


3) if $f: N \rightarrow M$ is an orientation preserving
diffeomorphism, then $\int_N f^* \omega = \int_M \omega$

4) if $M = M_1 \cup M_2$ and $M_1 \cap M_2$ is a $(\dim M) - 1$ manifold in M , then

$$\int_M \omega = \int_{M_1} \omega + \int_{M_2} \omega$$

5) If $A \subset M$ has measure zero then

$$\int_M \omega = \int_{M-A} \omega$$

Proof: exercise (most are almost obvious) 

example: let $\alpha = xdy - ydx$ on \mathbb{R}^2
and restrict α to $S' \subset \mathbb{R}^2$ unit S'
compute $\int_{S'} \alpha$

recall sets of measure zero can be ignored so

$$\int_{S'} \alpha = \int_{S' - \{(1,0)\}} \alpha$$

now $f: (0, 2\pi) \rightarrow S'$
 $\theta \mapsto (\cos \theta, \sin \theta)$

gives a coordinate chart (actually f^{-1} is)

$$\begin{aligned}
 \text{so } \int_{S^1} \alpha &= \int_{S^1 - \{(1,0)\}} \alpha = \int_{(0, 2\pi)} f^* \alpha \\
 &= \int_{(0, 2\pi)} \cos \theta (\cos \theta) d\theta + \sin \theta (\sin \theta) d\theta \\
 &= \int_0^{2\pi} 1 d\theta = 2\pi
 \end{aligned}$$

to integrate on M^n we need M to be oriented, an orientation is given by a never-zero n -form

we call a never-zero n -form ω a volume form on M

(it is sometimes denoted $d\text{vol}$)

*bad notation
since not necessarily
d of something
but standard notation*

now given a volume form $d\text{vol}$ on M
we can integrate functions $f: M \rightarrow \mathbb{R}$
as follows

$$\int_M f = \int_M f d\text{vol}$$

we say the volume of M is

$$\int_M \text{dvol} \quad (\text{or } \text{Vol}_\omega(M) = \int_M \omega)$$

now given a k -form $\alpha \in \Omega^k(M)$ on M we cannot integrate α on M but given any k -dimensional oriented submanifold Σ of M let

$$i: \Sigma \rightarrow M$$

be the inclusion map and define

$$\int_\Sigma \alpha = \int_\Sigma i^* \alpha$$

C. Stokes' Theorem

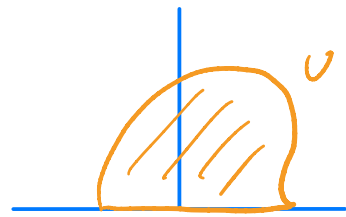
Th^m 5 (Stokes' Theorem):

let M be a smooth oriented n -manifold with boundary

let $\beta \in \Omega^{n-1}(M)$ be an $(n-1)$ -form on M that is compactly supported, then

$$\int_M d\beta = \int_{\partial M} \beta$$

Proof: consider the case where $M = \mathbb{R}_{\geq 0}^n$
and β has compact support



suppose $\text{supp } \beta \cap \partial(\mathbb{R}_{\geq 0}^n) = \emptyset$

then clearly $\int_{\partial M} \beta = 0$

and we have

$$\begin{aligned} \int_M d\beta &= \int_{\mathbb{R}_{\geq 0}^n} d\left(\sum \beta_i dx^1 \wedge \dots \wedge \widehat{dx^i} \wedge \dots \wedge dx^n\right) \\ &= \int_{\mathbb{R}_{\geq 0}^n} \sum (-1)^{i-1} \frac{\partial \beta_i}{\partial x^i} dx^1 \wedge \dots \wedge dx^n \\ &= \sum (-1)^{i-1} \int_{\mathbb{R}_{\geq 0}^n} \frac{\partial \beta_i}{\partial x^i} dx^1 \wedge \dots \wedge dx^n \end{aligned}$$

by Fubini's Th^m integrate
w.r.t. x^i first then the
fundamental theorem of
calculus gives

$$= \underline{0} \checkmark$$

$$\int_{-\infty}^{\infty} \frac{\partial \beta_i}{\partial x^i} dx^i = 0$$

in general we have

$$\begin{aligned}
 \int_M d\beta &= (-1)^{n-1} \int_{\mathbb{R}_{\geq 0}^n} \frac{\partial \beta_n}{\partial x^n} dx^1 \wedge \dots \wedge dx^n \\
 &= (-1)^{n-1} \int_{\mathbb{R}^{n-1}} \left(\int_0^\infty \frac{\partial \beta_n}{\partial x^n} dx^n \right) dx^1 \wedge \dots \wedge dx^{n-1} \\
 &= (-1)^n \int_{\mathbb{R}^{n-1}} \beta_n(x^1, \dots, x^{n-1}, 0) dx^1 \wedge \dots \wedge dx^{n-1}
 \end{aligned}$$

as above all $i \neq n$ terms 0

" $\beta_n(x^1, \dots, x^{n-1}, \infty) - \beta_n(x^1, \dots, x^{n-1}, 0)$

Recall: $dx^1 \wedge \dots \wedge dx^n$ orients $\mathbb{R}_{\geq 0}^n$

so orientation on $\partial \mathbb{R}_{\geq 0}^n$ is given by "outward normal first"

$$\begin{aligned}
 \text{i.e. } \int_{-\frac{\partial}{\partial x^n}} dx^1 \wedge \dots \wedge dx^n &= (-1)(-1)^{n-1} dx^1 \wedge \dots \wedge dx^{n-1} \\
 &= (-1)^n dx^1 \wedge \dots \wedge dx^{n-1}
 \end{aligned}$$

but orientation on \mathbb{R}^{n-1} given by $dx^1 \wedge \dots \wedge dx^{n-1}$

so to compute $\int_{\partial M} \beta = \int_{\partial \mathbb{R}_{\geq 0}^n} \beta$ use chart

$$f: V \rightarrow (\partial \mathbb{R}_{\geq 0}^n \cap M): (y^1, \dots, y^{n-1}) \mapsto (y^1, \dots, y^{n-1}, 0)$$

and multiply by $(-1)^n$ to account for the orⁿ

$$\begin{aligned}
\text{so } \int_{\partial M} \beta &= \int_V f^* \beta = \int_V f^* (\sum \beta_i dx^1 \dots \widehat{dx^i} \dots dx^n) \\
&= \int_{\mathbb{R}^{n-1}} (-1)^n \beta_n(y^1, \dots, y^{n-1}, 0) dy^1 \dots dy^{n-1} \\
&\quad \text{all terms but } i=n \text{ are zero} \\
&= \int_M d\beta
\end{aligned}$$

now if β is compactly supported in a coordinate chart of M , then the above computation shows $\int_M d\beta = \int_{\partial M} \beta$

for a general β , choose a collection of coordinate charts $\{\phi_i: U_i \rightarrow \mathbb{R}_{\geq 0}^n\}$ such that $M = \cup U_i$ and

a partition of unity $\{\psi_i: M \rightarrow \mathbb{R}\}$ subordinate to the cover $\{U_i\}$

now

$$\begin{aligned}
\int_{\partial M} \beta &= \sum_i \int_{\partial M} \psi_i \beta = \sum_i \int_M d(\psi_i \beta) \\
&= \sum_i \int_M d\psi_i \wedge \beta + \psi_i d\beta \\
&= \int_M (d(\underbrace{\sum \psi_i}_1) \wedge \beta + (\sum \psi_i) d\beta) \\
&= \int_M 0 + \int_M d\beta = \int_M d\beta
\end{aligned}$$



Cor 6:

M a smooth compact n -manifold

1) if $\partial M = \emptyset$, then

$$\int_M d\omega = 0 \quad \forall \omega \in \Omega^{n-1}(M)$$

2) if ω is a closed $(n-1)$ -form on M ,

then

$$\int_{\partial M} \omega = 0$$

3) if ω is a closed k -form on M and S is an oriented k -dimensional submanifold of M w/o boundary then

$$\int_S \omega \neq 0$$

implies ω is not exact and S does not bound a $(k+1)$ dimensional submanifold of M

Proof:

1) $\int_M d\omega = \int_{\partial M} \omega = \int_{\emptyset} \omega = 0$

2) $\int_{\partial M} \omega = \int_M d\omega = \int_M 0 = 0$

3) if ω is exact then $\exists \alpha$ s.t. $d\alpha = \omega$

$$\text{so } \int_S \omega = \int_S d\alpha = \int_{\partial S} \alpha = \int_{\emptyset} \alpha = 0$$

if $S = \partial N$, then

$$\int_S \omega = \int_N d\omega = \int_N 0 = 0$$

note: if $f: \Sigma^k \rightarrow M^n$ is a smooth map, then we can consider $\int_{\Sigma} f^* \alpha$ for any $\alpha \in \Omega^k(M)$

Cor 7:

if $f_0, f_1: \Sigma \rightarrow M$ are smooth maps
(Σ an oriented k -manifold)

that are homotopic rel $\partial \Sigma$

and α is a closed k -form on M

then $\int_{\Sigma} f_0^* \omega = \int_{\Sigma} f_1^* \omega$

Proof: f_0, f_1 homotopic $\Rightarrow \exists$ smooth homotopy

$$F: \Sigma \times [0,1] \rightarrow M$$

$$\text{s.t. } F(x, t) = f_t(x) \quad t = 0, 1$$

note $\Sigma \times [0,1]$ is oriented by $(\text{or}^n \text{ on } \Sigma, \frac{\partial}{\partial t})$

$$\text{and } \partial(\Sigma \times [0,1]) = (-\Sigma \times \{0\} \cup \Sigma \times \{1\}) \cup (\partial \Sigma \times [0,1])$$

$$\text{so } 0 = \int_{\Sigma \times [0,1]} 0 = \int_{\Sigma \times [0,1]} F^* d\alpha = \int_{\Sigma \times [0,1]} dF^* \alpha$$

$$= \int_{\partial(\Sigma \times [0,1])} F^* \alpha$$

$$= \int_{-\Sigma \times \{0\}} F^* \alpha + \int_{\Sigma \times \{1\}} F^* \alpha + \int_{\partial\Sigma \times [0,1]} F^* \alpha$$

note: $dF(\frac{\partial}{\partial t}) = 0$ along $\partial\Sigma \times [0,1]$

since homotopy doesn't move

$\partial\Sigma$, thus $F^* \alpha = 0$ on $\partial\Sigma \times [0,1]$

$$= \int_{-\Sigma} f_0^* \alpha + \int_{\Sigma} f_1^* \alpha$$

$$= - \int_{\Sigma} f_0^* \alpha + \int_{\Sigma} f_1^* \alpha$$

example:

on $S^1 \times S^1$ consider $\alpha = d\theta$
 (θ, ϕ)

$\mathbb{R}^2 \times \mathbb{R}^2$
 $(x, y) \quad (u, v)$

$$\theta = \tan^{-1} y/x \quad \phi = \tan^{-1} v/u$$

$$d\theta = \frac{-y/x^2}{1+(y/x)^2} dx + \frac{1/x}{1+(y/x)^2} dy$$

$$= \frac{-y}{x^2+y^2} dx + \frac{x}{x^2+y^2} dy$$

on $S^1 = \text{unit circle}$

$$= -y dx + x dy$$

note: on S^1 $d\alpha = 0$ since it's a 2-form

so on $S^1 \times S^1$ $d\alpha = 0$

let $f: S^1 \rightarrow S^1 \times S^1: \psi \mapsto (\psi, (1,0))$

now $f^*\alpha = d\psi$

$$\text{so } \int_{S^1} f^*\alpha = \int_{S^1} d\psi = 2\pi \neq 0$$

so f is not homotopic to a constant function

note: we have once again shown T^2 is not simply connected and thus not $\cong S^2$