

# D. Handlebody Theory

an  $n$ -dimensional  $k$ -handle is

$$h^k = D^k \times D^{n-k}$$

Set  $\partial_- h^k = (\partial D^k) \times D^{n-k}$  attaching region

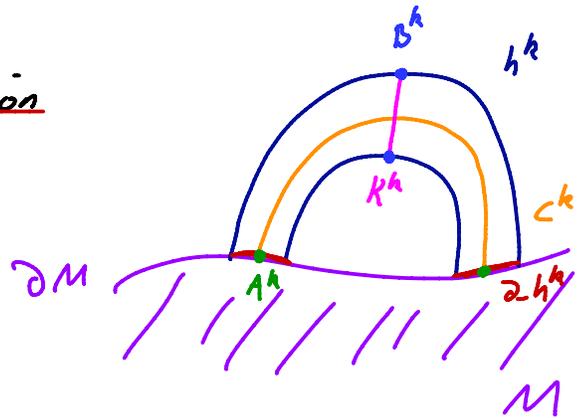
$$\partial_+ h^k = D^k \times (\partial D^{n-k})$$

$A^k = (\partial D^k) \times \{0\}$  attaching sphere

$C^k = D^k \times \{0\}$  core

$K^k = \{0\} \times D^{n-k}$  co-core

$B^k = \{0\} \times (\partial D^{n-k})$  belt sphere



given an  $n$ -manifold  $M$  and an embedding

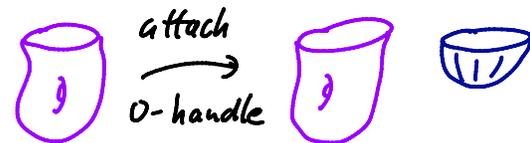
$$\phi: \partial_- h^k \rightarrow \partial M$$

we attach  $h^k$  to  $M$  by forming the identification space

$$M \amalg h^k / (x \in \partial_- h^k) \sim (\phi(x) \in \partial M)$$

eg dimension 2:

$k=0$ :   $\partial_- h^0 = \emptyset$

so  attach  
0-handle

$k=1$ :   $\partial_- h^1 = \parallel \parallel$

so  attach  
1-handle

$k=2$ :   $\partial_- h^2 = \bigcirc$

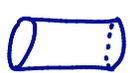
so  attach  
2-handle

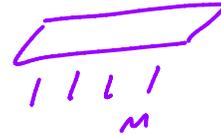
## Remark:

- 1) In all dimensions attaching a 0-handle is just taking disjoint union with  $D^n$
- 2) In all dimensions  $n$  attaching an  $n$ -handle is just "capping off" an  $S^{n-1}$  boundary component.

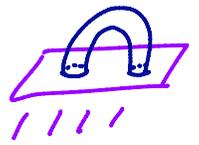
dimension 3:

$k=0$ : ✓

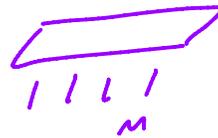
$k=1$ :   $\partial \cdot h^1 =$   so



attaching  
→  
1-handle



$k=2$ :   $\partial \cdot h^2 =$  



attaching  
→  
2-handle



$k=3$ : ✓

Remark: Note when a handle is attached one has a manifold with "corners" there is a standard way to smooth them out (see Wall "Differential Topology")

exercises:

- 1) if  $\phi_0, \phi_1: \partial \cdot h^k \rightarrow \partial M$  are isotopic, then the result of attaching a handle to  $M$  via  $\phi_0$  is diffeomorphic to attaching a handle to  $M$  via  $\phi_1$
- 2) the isotopy class of  $\phi: \partial \cdot h^k \rightarrow \partial M$  is determined by
  - 1) isotopy class of  $\phi|_{A^k}$  ( $A^k = S^{k-1} \times \{0\}$ )  
i.e. a  $S^{k-1}$  knot in  $\partial M$ )
  - 2) the "framing" of the normal bundle of  $\phi(A^k)$   
i.e. an identification of  $\nu(\phi(A^k))$   
with  $S^{k-1} \times D^{n-k}$

e.g. notice that  $S^1 \times D^2$  has an integers worth of framings

$$S^1 \times D^2 \xrightarrow{\phi_n} S^1 \times D^2$$

$$(\phi, (r, \theta)) \mapsto (\phi, (r, \theta + n\phi))$$



3) more generally show the framings on a  $k$ -dimensional sphere in  $Y^n$  is in one-to-one correspondence with  $\pi_k(O(n-k))$

$\uparrow$  dim of normal bundle

so we see to attach an  $n$ -dimensional  $k$ -handle one must specify 1) an  $S^{k-1}$  knot in  $\partial M$  and

2) "elt" of  $\pi_{k-1}(O(n-k))$

$\uparrow$  to really get such an element need a canonical "zero" framing

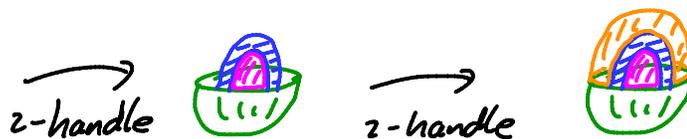
A handle decomposition of an  $n$ -manifold  $M$  is a sequence of manifolds  $M_0, M_1, \dots, M_\ell$  such that

1)  $M_0 = \emptyset$  and  $M_\ell \cong M$

2)  $M_{i+1}$  is obtained from  $M_i$  by a  $k$ -handle attachment for some  $k$

example:

handle decompositions of  $S^2$



Th<sup>m</sup>:

Any smooth compact manifold has a handle decomposition

a brief sketch of the proof goes as follows.

recall a Morse function

$$f: M \rightarrow \mathbb{R}$$

is a function all of whose critical points are non-degenerate

i.e. if  $p \in M$  a critical point, then in local coordinates

about  $p$  the matrix  $\left(\frac{\partial^2 f}{\partial x_i \partial x_j}(p)\right)$  is invertible

exercise: 1) Show  $p$  is a non-degenerate critical point of  $f$   
 $\Leftrightarrow df$  is transverse to the zero section of  $T^*M$  at  $df(p)$

2) Every function  $f: M \rightarrow \mathbb{R}$  can be perturbed to be a Morse function

3) If  $p$  is a non-degenerate critical point of  $f: M \rightarrow \mathbb{R}$

Fundamental lemma of Morse theory

then  $\exists$  coordinates about  $p$  such that  $f$  takes the form

$$f(x_1, \dots, x_n) = f(p) - x_1^2 - \dots - x_k^2 + x_{k+1}^2 + \dots + x_n^2$$

$k$  is called the index of  $p$

Main Th<sup>m</sup> of Morse Theory:

let  $f: M \rightarrow \mathbb{R}$  be a Morse function

I) if  $[a, b]$  contains no critical values then

$$f^{-1}([a, b]) = f^{-1}(a) \times [a, b]$$

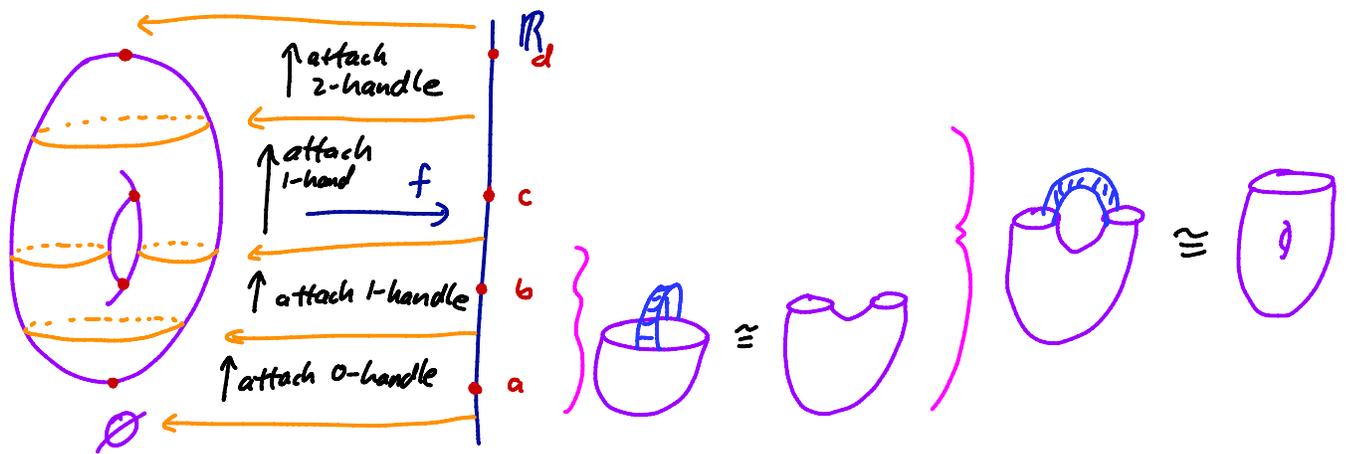
$\leftarrow$  manifold since a regular value

II) if  $\exists!$  critical point  $p \in f^{-1}([a, b])$  s.t.  $f(p) \in (a, b)$

then

$f^{-1}([a, b])$  is obtained from  $f^{-1}(a) \times [a, a + \epsilon]$  by attaching a  $k$ -handle to  $f^{-1}(a) \times \{a + \epsilon\}$

example:

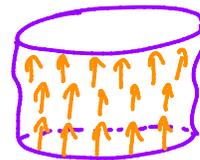


Remark: handle decomposition theorem clearly follows

Idea of proof of "Main Th<sup>m</sup>":

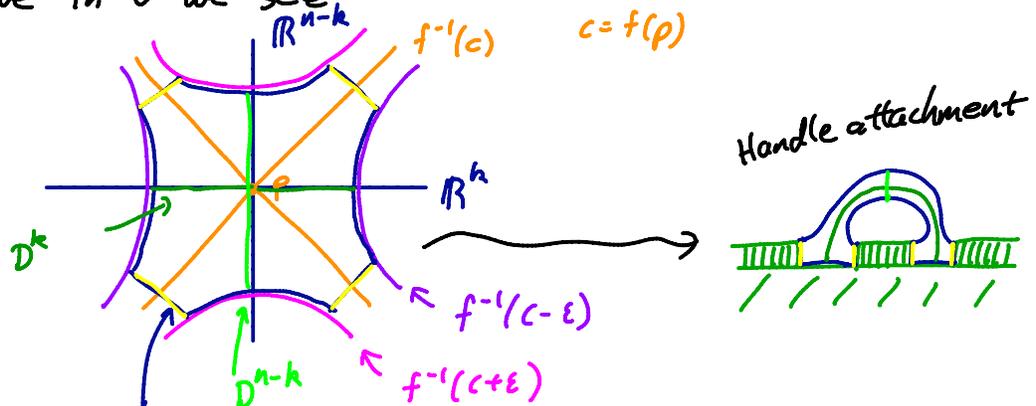
I) let  $\Phi_t: M \rightarrow M$  be the (normalized) gradient flow of  $f$

$$\begin{aligned} \text{then } f^{-1}(a) \times [0, b-a] &\rightarrow M \\ (p, t) &\longmapsto \Phi_t(p) \end{aligned}$$



is an embedding onto  $f^{-1}([a, b])$

II) let  $U$  be nbhd about  $p$  where  $f$  has the form as in exercise 3 above in  $U$  we see



this is essentially a  $k$ -handle attachment

exercise: finish proof of II) 

## D. Weinstein Manifolds

given a function  $\phi: M \rightarrow \mathbb{R}$  we say a vector field  $v$  is gradient like if

$$v \cdot \phi \geq \delta (\|v\|_g^2 + \|d\phi\|_g^2)$$

for some  $\delta > 0$  and some metric  $g$   
 this means  $\phi$  is increasing on flowlines of  $v$   
 and  $v = 0 \Leftrightarrow \|d\phi\|_g = 0$

let  $p \in M$  be a nondegenerate zero of  $v$

Set  $T_p^\pm M = \text{span}\{\text{eigenvalues of } (\frac{\partial^2 \phi}{\partial x_j^2})(p) \text{ have } \pm \text{ real part}\}$

let  $\Psi_t: M \rightarrow M$  be the flow of  $v$  (where defined)

in local coords

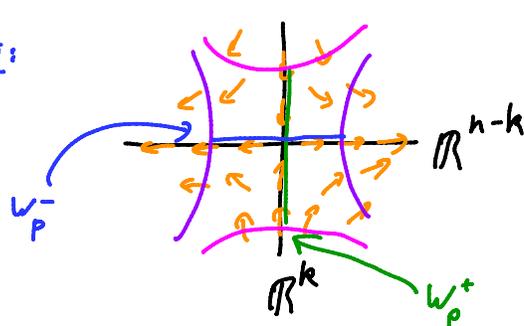
let  $W^\mp(p) = \{x \in M \text{ s.t. } \lim_{t \rightarrow \pm\infty} \Psi_t(x) = p\}$

$W^-(p)$  is called the stable manifold "points flowing to  $p$ "

$W^+(p)$  " unstable manifold "points flowing away from  $p$ "

exercise:  $T_p W^\pm(p) = T_p^\pm M$

eg:



$$f(x_1, \dots, x_n) = -x_1^2 - \dots - x_k^2 + x_{k+1}^2 + \dots + x_n^2$$

so core of handle part of  $W_p^+$   
 $\omega$ -core part of  $W_p^-$

a Weinstein manifold is a manifold  $M$  together with

- 1) a Morse function  $\phi: M \rightarrow \mathbb{R}$  with boundary being regular level sets
- 2) a symplectic structure  $\omega$
- 3) a vector field  $v$  that is gradient like for  $\phi$  and expanding  $\omega$  (i.e.  $\mathcal{L}_v \omega = \omega$ )

exercise:

1) Show  $L_v \omega = \omega \Rightarrow \Psi_t^* \omega = e^t \omega$  where  $\Psi^t$  flow of  $v$   
and if  $\lambda = L_v \omega$  then  $\Psi_t^* \lambda = e^t \lambda$

lemma 7:

if  $(M, \phi, \omega, v)$  is a Weinstein manifold and  $p$  a critical point of  $\phi$  then  $W_p^-$  is isotropic  
in particular,  $\text{index}(p) \leq n$  if  $\dim M = 2n$

Remark: This implies  $M$  can't be closed  
(find another proof of this!)

exercise: Under hypothesis of lemma show  $W_p^+$  is coisotropic.

Proof: We first note we can linearize  $v$  at  $p$ :

$$A = "d\sigma(p)": T_p M \rightarrow T_p M$$

(in local words  $\sigma: \mathbb{R}^n \rightarrow \mathbb{R}^n$  (really  $\mathbb{R}^n \rightarrow \mathbb{R}^n \times \mathbb{R}^n$ )  
 $p=0$   $x \mapsto (x, \gamma(x))$ )

$$d\sigma(0) = T_0 \mathbb{R}^n \rightarrow T_0 \mathbb{R}^n$$

note the flow  $\Psi_t: M \rightarrow M$  induces a flow  $d\Psi_t: T_p M \rightarrow T_p M$

exercise: 1) This flow is given by  $\sigma \mapsto e^{tA} \sigma$

2)  $A = \left( \frac{\partial v_i}{\partial x_j} \right)$  in local words

so  $\pm$  eigenspaces of  $A$  are  $T_p^\pm M$

now we see for  $u, w \in T_p^- M$

$$e^t \omega(u, w) = \Psi_t^* \omega(u, w) = \omega(d\Psi_t(u), d\Psi_t(w)) = \omega(e^{At} u, e^{At} w)$$

R.H.S. is bounded since  $u, w \in T_p^- M$  so  $\omega(u, v) = 0$

i.e.  $T_p^- M$  is isotropic!

exercise: if  $v \in T_x W^-$ , then  $(d\psi_t)_x(v) \rightarrow 0$  as  $t \rightarrow \infty$

Hint: near  $p$  real part of  $(d\psi_t)_x$  on  $T_x W^-$  is negative (now consider  $\psi_t \circ \psi_s = \psi_{s+t}$ )

now if  $u \in T_x W^+$ , then we have

$$e^t \lambda_x(u) = (\psi_t^* \lambda)_x(u) = \lambda_{\psi_t(x)} \underbrace{((d\psi_t)_x(u))}_{\text{in } TW^-} = 0 \text{ so as } t \rightarrow \infty, = 0$$

$$\therefore \lambda_x(u) = 0 \quad \& \quad \omega = d\lambda = 0 \text{ on } W_P^-$$

Weinstein handles:

consider  $\mathbb{R}^{2n} = T^*\mathbb{R}^k \times \mathbb{R}^{2(n-k)}$

$\mathbb{R}^k$  has coords  $q_1, \dots, q_n$

$T^*\mathbb{R}^k$  " "  $q_1, \dots, q_n, p_1, \dots, p_n$

$\mathbb{R}^{2(n-k)}$  " "  $x_1, y_1, \dots, x_{n-k}, y_{n-k}$

$$\text{set } \omega = \sum_{i=1}^k dq_i \wedge dp_i + \sum_{i=1}^{n-k} dx_i \wedge dy_i$$

$$v = \sum_{i=1}^k \left( 2p_i \frac{\partial}{\partial p_i} - q_i \frac{\partial}{\partial q_i} \right) + \frac{1}{2} \sum_{i=1}^{n-k} \left( x_i \frac{\partial}{\partial x_i} + y_i \frac{\partial}{\partial y_i} \right)$$

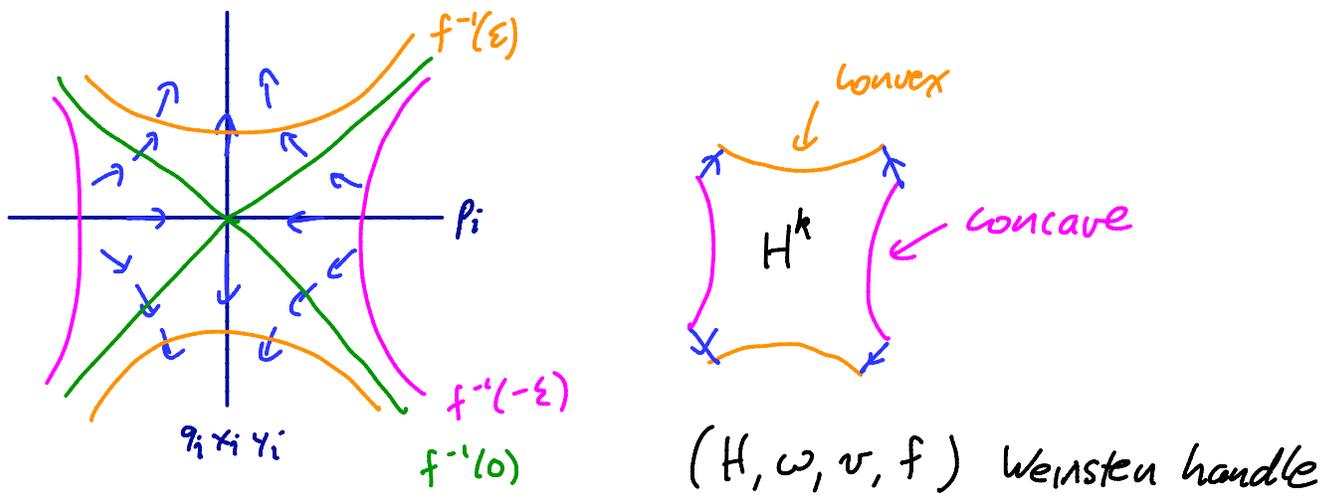
$$\begin{aligned} \text{note: } \mathcal{L}_v \omega &= d(\iota_v \omega) + \iota_v d\omega \stackrel{=0}{=} d \left( \sum_{i=1}^k -2p_i dq_i - q_i dp_i + \frac{1}{2} \sum_{i=1}^{n-k} x_i dy_i - y_i dx_i \right) \\ &= \sum_{i=1}^k dq_i \wedge dp_i + \sum_{i=1}^{n-k} dx_i \wedge dy_i = \omega \end{aligned}$$

$$f = \sum_{i=1}^k \left( q_i^2 - \frac{1}{2} p_i^2 \right) + \frac{1}{4} \sum_{i=1}^{n-k} (x_i^2 + y_i^2)$$

$$\text{so } df(v) = \left[ \sum_{i=1}^k -2q_i dq_i + p_i dp_i + \frac{1}{2} \sum_{i=1}^{n-k} x_i dx_i + y_i dy_i \right](v)$$

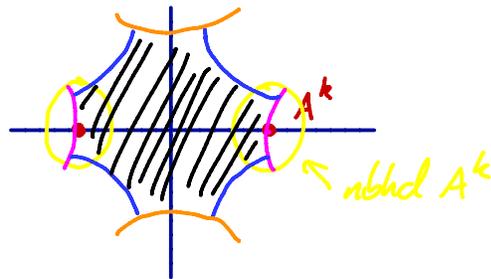
$$= \sum_{i=1}^k +2p_i^2 + 2q_i^2 + \frac{1}{4} \sum_{i=1}^{n-k} x_i^2 + y_i^2 > 0 \text{ if } v \neq 0$$

so  $v$  is gradient like for  $f$



note:

- 1)  $\partial_- H^k$  has an induced contact structure  
and  $\partial_- H^k \cap \{p_i\text{-space}\}$  is a Legendrian  $A^k = S^{k-1}$
- 2) We can choose a model for  $H^k$  so that in  $\partial_- H^k$  is contained in any preassigned nbhd of  $A^k$



now let  $S$  be an isotropic submanifold of  $(M, \gamma)$

let  $\alpha$  be any 1-form st.  $\gamma = \ker \alpha$

$d\alpha|_{\gamma}$  symplectic

set  $CSN(S) = (TS^{\perp d\alpha}) / TS$  ← recall  $TS^{\perp d\alpha}$

$d\alpha$  induces a symplectic structure on  $CSN(S)$

and a different contact form for  $\gamma$  would induce

a conformal symplectic structure on  $CSN(S)$

so  $CSN(S)$  is called the conformal symplectic normal bundle to  $S$

note:  $TM|_S = \mathfrak{z} \oplus TM/\mathfrak{z} = (CSN(S) \oplus TS \oplus \mathfrak{z}/TS^\perp) \oplus \mathbb{R}$

$\mathbb{R}$  spanned by a Reeb vector field

exercise:  $T(T^*S) \cong TS \oplus \mathfrak{z}/TS^\perp$

So the only part of  $TM|_S$  not determined by  $S$  is  $CSN(S)$

lemma 8 (Weinstein):

let  $(M_i, \omega_i)$  be a symplectic manifold  $i=1,2$

$v_i$  an expanding vector field for  $\omega_i$

$\Sigma_i$  a hypersurface in  $M_i$  transverse to  $v_i$

(oriented so  $v_i$  positively transverse)

let  $\mathfrak{z}_i = \ker(\iota_{v_i} \omega_i)|_{\Sigma_i}$  be the induced contact str

and  $\Lambda_i$  an isotropic  $S^k$

Given a diffeomorphism  $\phi: \Lambda_1 \rightarrow \Lambda_2$  that is covered by a bundle isomorphism  $CSN(\Lambda_1) \rightarrow CSN(\Lambda_2)$

$\exists$  neighborhoods  $N_i$  of  $\Lambda_i$  in  $M_i$  and an extension of  $\phi$  to a diffeomorphism

$$\Phi: N_1 \rightarrow N_2$$

such that

$$1) \Phi(N_1 \cap \Sigma_1) = N_2 \cap \Sigma_2$$

$$2) \Phi^*(\iota_{v_2} \omega_2)|_{\Sigma_2} = \iota_{v_1} \omega_1|_{\Sigma_1}$$

$$3) \Phi^* \omega_2 = \omega_1$$

$$4) \Phi_* (v_1) = v_2$$

Proof: let  $\alpha_i = \iota_{v_i} \omega_i|_{\Sigma_i}$  be the contact forms on  $\Sigma_i$

Claim:  $\exists$  neighborhoods  $\tilde{N}_1 \subset \Sigma_1$  of  $\Lambda_1$  and a diffeomorphism  $\Psi: \tilde{N}_1 \rightarrow \tilde{N}_2$  st.  $\Psi^* \alpha_2 = \alpha_1$

given the claim, recall Th<sup>m</sup> 5 gives an identification (using flow of  $v_1$ ) of a nbhd  $N_1$  of  $\Lambda_1$  in  $M_1$  with

$$(-\varepsilon, \varepsilon) \times \tilde{N}_1, d(e^+ \alpha_1)$$

since  $\Psi$  preserves  $\alpha_i$  we can extend  $\Psi$  to  $\Phi: N_1 \rightarrow N_2$  st.  $\Phi^* \omega_2 = \omega_1$  and by construction 1)-4) in theorem are true!

Proof of Claim:

Step I:  $\exists$  a hypersurface  $R_i = \Lambda_i \times D^{2n-k-2}$  such that

- $\zeta_i$  tangent to  $R_i$  along  $\Lambda_i = \Lambda_i \times \{0\}$
- $d\alpha_i$  symplectic on  $\Sigma_i$
- $\Sigma_i \pitchfork$  to Reeb field  $X_{\alpha_i}$

to see this note the normal bundle to  $\Lambda_i$  in  $\zeta_i$  is

$$\nu_i = (SN(\Lambda_i) \oplus \zeta_i) / T\Lambda_i$$

let  $R_i$  be the image of a nbhd of the zero section in  $\nu_i$  under the normal exponential map (use any metric)

note:  $R_i$  satisfies all properties!

Step II:  $\exists$  a symplectomorphism  $\Psi: (R_1, d\alpha_1) \rightarrow (R_2, d\alpha_2)$

Using the identifications of the LSN bundles in the hypothesis and the fact that  $\Lambda_i$  is isotropic in  $(R_i, d\alpha_i)$  we can build a diffeomorphism  $R_1 \rightarrow R_2$  that takes  $d\alpha_1$  to  $d\alpha_2$  along  $\Lambda_1$  (this is small extension of the argument in Cor III.5)

Th<sup>m</sup> III.1 now says we can isotop diffeo to be a symplectomorphism in a nbhd of  $\Lambda_i$

Step III: Build desired nbhds  $\tilde{N}_1$  and  $\Psi: \tilde{N}_1 \rightarrow \tilde{N}_2$

Using the Reeb vector field  $X_{\alpha_2}$  build a nbhd  $\tilde{N}_2$  of  $R_2$  in  $\Sigma_2$  of the form  $(-\varepsilon, \varepsilon) \times R_2$

extend  $\Psi: R_1 \rightarrow R_2$  to  $\Phi: \tilde{N}_1 \rightarrow \tilde{N}_2$

since the Reeb flow of  $\alpha_2$  preserves  $d\alpha_2$  we see

$$\Phi^*(d\alpha_2) = d\alpha_1$$

also  $\Phi^* \alpha_2 = \alpha_1$  on  $T\Sigma_1|_{\Lambda_1}$  (have same kernel and eval same on  $X_{\alpha_1}$ )

we now build an embedding  $f_1: N_1 \rightarrow N_1$  such that

i)  $f_1 = \text{id}_{\Lambda_1}$

ii)  $f_1^*(\Phi^* \alpha_2) = \alpha_1$

↑ might need to shrink

so  $\Psi = \Phi \circ f_1$  is desired map

to build  $f$  consider

$$\beta_t = \alpha_1 + t(\Phi^* \alpha_2 - \alpha_1)$$

note:  $\beta_t$  is contact near  $\Lambda_1$ ,

(so on  $N_1$  if  $N_1$  small enough)

this is because at  $\Lambda_1$ ,  $\ker \beta_t = \ker \alpha_1$

and  $d\beta_t = d\alpha_1$  on  $\ker \beta_t$  is sympl.

$\therefore d\beta_t$  sympl. on  $\ker \beta_t$  near  $\Lambda_1$

now  $d(\Phi^* \alpha_2 - \alpha_1) = 0$  and

$$\Phi^* \alpha_2 - \alpha_1 = 0 \quad \text{on } \Lambda_1$$

$$\begin{aligned} \therefore \exists \text{ some function } h: N_1 \rightarrow \mathbb{R} \text{ s.t.} \\ dh = -(\phi^* \alpha_2 - \alpha_1) \text{ and} \\ h = 0 \text{ on } \Lambda_1 \end{aligned}$$

if  $X_t$  is the Reeb vector field of  $\beta_t$   
then set  $v_t = h X_t$  and denote the flow of  
 $v_t$  by  $f_t$

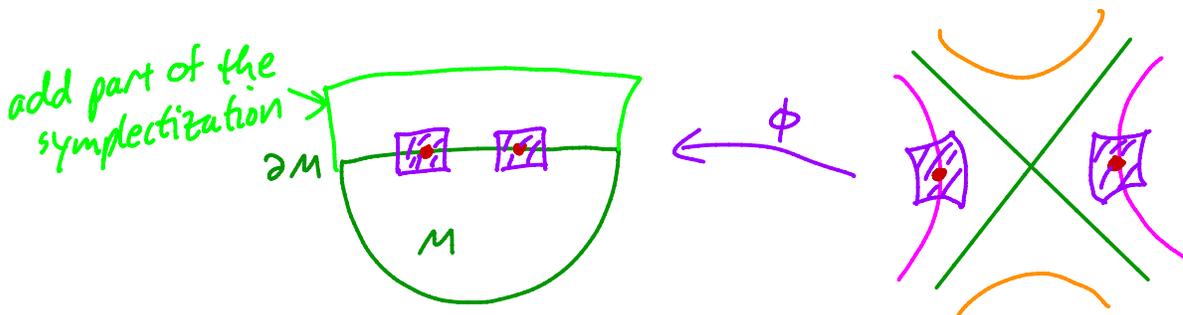
$$\begin{aligned} \text{now } \frac{d}{dt} f_t^* \beta_t &= f_t^* \left( \mathcal{L}_{v_t} \beta_t + \frac{d}{dt} \beta_t \right) \\ &= f_t^* \left( d\mathcal{L}_{v_t} \beta_t + \underbrace{\mathcal{L}_{v_t} d\beta_t}_0 - dh \right) \\ &= f_t^* (dh - dh) = 0 \end{aligned}$$

$$\therefore f_t^* \beta_t = \beta_0 \quad \square$$

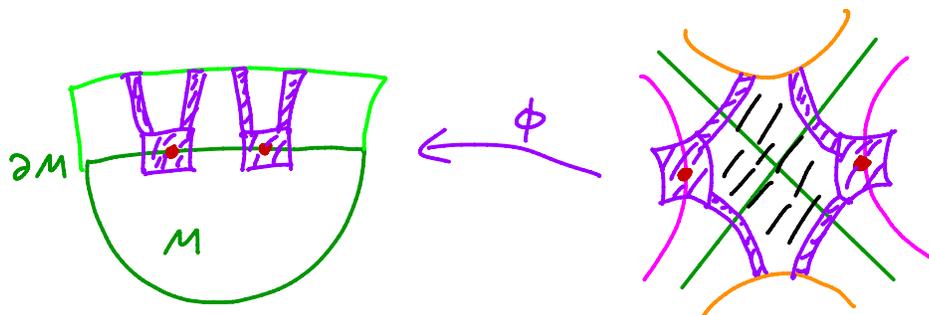
lemma 9:

If  $(M, \omega)$  a symplectic manifold with convex boundary  
and  $\exists$  induced contact structure on  $\partial M$   
then for any isotropic sphere  $\Lambda^{k-1}$  in  $(\partial M, \xi)$  and  
choice of trivialization of  $SCN(\Lambda)$  (this might not exist)  
one may attach a Weinstein  $k$ -handle to  $M$  to get  
a new symplectic manifold with convex boundary  
Moreover, if  $(M, \omega)$  was Weinstein, then the result  
of attaching the  $k$ -handle is also Weinstein

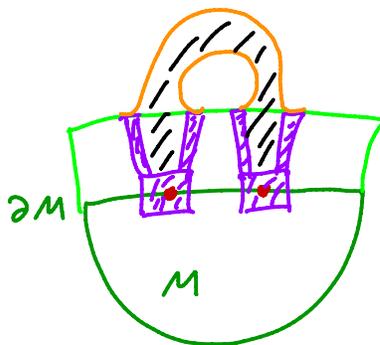
Proof: by lemma 8 we have an identification



now extend along part of the symplectization



glue in handle



exercise: Show everything fits together 

exercise: Show if  $(M, \omega, \nu, \phi)$  is Weinstein, then  $M$  is obtained from  $\emptyset$  by a sequence of Weinstein handle attachments as in lemma 9.

Th<sup>m</sup> (Cieliebak-Eliashberg):

let  $\phi: M^{2n} \rightarrow \mathbb{R}$  be a proper Morse function,  
bounded below with no critical points  
of index  $> n$

let  $\eta$  be a non-degenerate 2-form on  $M$

If  $n > 2$ , then  $\exists$  a Weinstein structure  $(\omega, \nu, \phi)$   
on  $M$  such that  $\eta$  and  $\omega$  are homotopic  
through non-degenerate 2-forms

We call a complex manifold  $(M, J)$  Stein if it admits an exhausting  $J$ -convex function  $\phi: M \rightarrow \mathbb{R}$

exhausting means:  $\phi$  is bounded below and proper

$J$ -convex (a.k.a. (strictly) plurisubharmonic) if

$$\omega_\phi = -d(d\phi \circ J)$$

is symplectic

exercise: 1)  $J$  is compatible with  $\omega_\phi$

2)  $\omega_\phi, J$  define a metric  $g_\phi$

If  $X_\phi$  is the gradient with respect to  $g_\phi$

then  $\mathcal{L}_{X_\phi} \omega_\phi = \omega_\phi$

(so if  $\phi$  is Morse, then  $(M, \omega_\phi, X_\phi, \phi)$

is a Weinstein manifold!)

3) if  $\Sigma \subset M$  is an immersed holomorphic curve

then  $\phi|_\Sigma$  can have no interior local maxima

and any maxima on  $\partial\Sigma$  is not a critical point

( $\phi|_\Sigma$  is subharmonic)

Th<sup>m</sup> (Grauert):

A complex manifold  $(M, J)$  is Stein

$\Leftrightarrow$

$(M, J)$  can be properly holomorphically embedded in  $\mathbb{C}^N$  for some  $N$

note:  $\mathbb{C}^N \rightarrow \mathbb{R}: (z_1, \dots, z_N) \mapsto \sum |z_i|^2$

is plurisubharmonic so given  $M \subset \mathbb{C}^N$  as in Th<sup>m</sup>

clearly get plurisubharmonic

so the hard part of the theorem is ( $\Rightarrow$ )

note: if  $X \subset \mathbb{C}P^n$  is any complex submanifold  
and  $H \subset \mathbb{C}P^n$  is a hyperplane

then  $X - H$  is a Stein manifold

Th<sup>m</sup> (Cieliebak-Eliashberg):

if  $(M, \omega, \nu, \phi)$  a Weinstein manifold then there  
is a Stein structure on  $M$  such that its  
induced Weinstein structure is homotopic  
to  $(M, \omega, \nu, \phi)$