

NEIGHBORHOODS OF TRANSVERSE KNOTS AND DESTABILIZATIONS

JOHN B. ETNYRE

ABSTRACT. In this note we show that transverse knots have unique standard neighborhoods and prove a structure theorem about non-loose Legendrian knots. The common theme of these two results is a general destabilization result for Legendrian knots. As a byproduct of this work, we find a manifold with an infinite number of distinct tight contact structures, up to contactomorphism, with no Giroux torsion.

1. INTRODUCTION

1.1. Neighborhoods of transverse knots. We begin by discussing neighborhoods of transverse knots. We recall that a transverse knot T in a contact 3-manifold (M, ξ) has a neighborhood N_s that is contactomorphic to a standard model \widehat{N}_s for some $s \in \mathbb{Q}$. We will discuss the standard model in Section 2.1 but \widehat{N}_s is a solid torus with a fixed contact structure, and the characteristic foliation on $\partial\widehat{N}_s$ is linear with slope s . Moreover, if T has a neighborhood N_s then it has a neighborhood $N_{s'}$ for any $s' \leq s$.¹ A basic question is whether or not N_s is well-defined up to ambient contact isotopy. Clearly, two neighborhoods N_s and $N_{s'}$ of T cannot be contact isotopic if $s \neq s'$ as the characteristic foliation is preserved under contact isotopy. So we frame this basic question as follows: if T and T' are transversely isotopic transverse knots and N_s and $N'_{s'}$ are their standard neighborhoods, then is there a contact isotopy of (M, ξ) that takes N_s to $N'_{s'}$?

We note that the question asked above is not only a basic question, but it is fundamental to many constructions. For example, when one defines a Lutz twist on T , [20], one starts with a standard neighborhood N_s of T , removes it and glues in a new solid torus with another contact structure. So if N_s is not well-defined, then a Lutz twist depends on the choice of N_s and not just on T . As Lutz twists are a fundamental construction in contact geometry, it would be helpful to know if they only depend on the transverse knot T or on the choice of the neighborhood of T .

Similarly, in [19], admissible transverse surgery on a transverse knot was defined. It again starts with a neighborhood N_s of a transverse knot T and performs surgery on N_s . So again, to see that admissible transverse surgery is well-defined we need to see that N_s depends only on T (and s).

In the literature, it seems that the well-definiteness of N_s has largely been assumed [19, 20], but some experts have known for some time that N_s is not well-defined for all T and

¹The issue of framing on T is important when discussing slopes. We discuss this more thoroughly in Section 2.1, but for now we note that we fix a framing of T and use it whenever discussing slopes on the boundary of a neighborhood of T .

all s . We discuss this more below, but we first note that as long as s is sufficiently negative, we do have a well-defined neighborhood of T .

Theorem 1.1. *Let (M, ξ) be a tight contact 3-manifold. Given a null-homologous knot type K in a manifold M and an integer n , there is a rational number r such that any standard neighborhood with boundary slope $s < r$ of any transverse knot T in the knot type K with $\text{sl}(T) \geq n$ is unique up to contact isotopy.*

Remark 1.2. Our proof will show that the same theorem is true in overtwisted contact manifolds as long as we only consider neighborhoods of non-loose knots. Surprisingly, it is not clear if the result is true for loose knots in overtwisted contact manifolds (thought it is coarsely true, in the sense that the neighborhoods will be unique up to a contactomorphism that is smoothly isotopic to the identity).

This theorem is sufficient to see that Lutz twists on T only depend on T , admissible surgery on T only depends on T for sufficiently negative surgery slopes, and inadmissible surgery, [3], is well-defined for any surgery slope.

We can estimate r in the theorem above in some cases. To state this estimate we recall that a knot type K is called *Legendrian simple* if Legendrian knots smoothly isotopic to K are determined by their Thurston-Bennequin invariant and rotation number.

Theorem 1.3. *If K is a Legendrian simple knot in a tight contact manifold (M, ξ) and $K = \partial\Sigma$ for some embedded surface Σ , then a standard neighborhood N_s of a transverse knot T in the knot type K is unique up to contact isotopy if $s < \text{sl}(T) + \chi(\Sigma)$, where $\chi(\Sigma)$ is the Euler characteristic of Σ and $\text{sl}(T)$ is the self-linking number of T .*

We would now like to address when N_s is well-defined and when it is not, as well as the range of s for which a given transverse knot T has a neighborhood N_s . To this end, we recall that a smooth knot type K is *uniformly thick* if any solid torus S in the knot type K is contained in a solid torus S' that is a standard neighborhood of a Legendrian knot with maximal Thurston-Bennequin invariant.

Theorem 1.4. *If K is Legendrian simple and uniformly thick in a tight contact manifold, then any standard neighborhood of a transverse representative of K is unique up to contact isotopy.*

In this situation, we can also determine for which s we can find a standard neighborhood N_s of T in terms of the classification of Legendrian knots isotopic to K . In Remark 5.1, we will give an algorithm to determine these values of s , but we state here a few examples.

Theorem 1.5. *Consider the $(2, -2n - 1)$ -torus knot K in (S^3, ξ_{std}) , where ξ_{std} is the unique tight contact structure on S^3 . The maximal self-linking number of K is $-2n - 3$. Let T be a transverse representative of K . If*

$$\text{sl}(K) \in \{-2n - 3, -2n - 5, \dots, -6n - 1\},$$

then T has a standard neighborhood N_s if and only if $s < -4n - 2$ and if

$$\text{sl}(T) = -2k - 1 \text{ for } k > 3n,$$

then T has a standard neighborhood N_s if and only if $s < -k - n - 2$.

Moreover, any standard neighborhood of any transverse representative of K is determined up to contact isotopy by the slope on its boundary.

In this example, note that for self-linking numbers near the maximal possible value, the transverse knots have standard neighborhoods with the same possible slopes, but after some point, the possible slopes decrease as the self-linking number decreases. We note that this is not always the case!

Theorem 1.6. *Consider the $(4, -9)$ -torus knot K in (S^3, ξ_{std}) . The maximal self-linking number of K is -31 . Let T be a transverse representative of K . If*

$$\text{sl}(T) \in \{-31, -33, -39, -41\}$$

then T has a standard neighborhood N_s if and only if $s < -36$, if

$$\text{sl}(T) \in \{-35, -37\}$$

then T has a standard neighborhood N_s if and only if $s < -37$, and if

$$\text{sl}(T) = -2k - 1$$

for $k > 20$, then T has a standard neighborhood N_s if and only if $s < -k - 16$.

Moreover, any standard neighborhood of any transverse representative of K is determined up to contact isotopy by the slope on its boundary.

Though not uniformly thick, we can also determine the standard neighborhoods of transverse unknots.

Theorem 1.7. *Let T be a transverse unknot in (S^3, ξ_{std}) . If $\text{sl}(T) = -1$ then T has a standard neighborhood N_s if and only if $s < 0$ and if $\text{sl}(T) = -2k - 1$ for $k > 0$, then T has a standard neighborhood N_s if and only if $s < -k - 1$.*

Moreover, any standard neighborhood of any transverse representative of K is determined up to contact isotopy by the slope on its boundary.

We now turn to transverse knots that have non-unique standard neighborhoods. In Remark 5.2 we will see that all positive torus knots have transverse representatives with non-unique standard neighborhoods, but here, we give one example of this phenomenon.

Theorem 1.8. *Let K be the right-handed trefoil in (S^3, ξ_{std}) . A transverse representative of K with self-linking number $-2k - 1$, for $k \geq 0$, has a standard neighborhood N_s if and only if $s < -k$. Moreover, any standard neighborhood of any such transverse representative of K is determined up to contact isotopy by the slope on its boundary.*

If T is the unique transverse knot representing K with $\text{sl}(T) = 1$, then T has a standard neighborhood N_s if and only if $s < 1$. The neighborhood N_s is unique up to contact isotopy if and only if $s < 0$ or $s \in [1/2, 1]$. If $s \in [1/(n+1), 1/n]$, then T has n distinct standard neighborhoods with boundary slope s . And if $s = 0$, then there are infinitely many distinct standard neighborhoods.

Given the examples we know of transverse knots with non-unique neighborhoods, we make the following conjectures.

Conjecture 1.9. *For any transverse knot T in any contact manifold, any standard neighborhood of T with boundary slope less than zero is unique up to contact isotopy.*

Conjecture 1.10. *In a fixed knot type K , there is some integer n such that if T is a transverse representative of K with $\text{sl}(T) < n$, then any standard neighborhood of T is determined up to contact isotopy by its boundary slope.*

The proof of this Theorem 1.1 will depend on Legendrian approximations of a transverse knot, see Section 2.2 for details on Legendrian approximations. The well-definedness of Legendrian approximations has also not been addressed in the literature. To prove the above theorem, we will first consider this issue.

Lemma 1.11. *Let K be a null-homologous knot type in a contact manifold (M, ξ) . Assume that either ξ is tight or only consider non-loose representatives of K . Given any integer n , there is an integer m such that any two Legendrian approximations of a transverse knot T in the knot type K with $\text{sl}(T) > n$ with the same Thurston-Bennequin invariant less than m are Legendrian isotopic.*

We now briefly explore examples of knot types where the Legendrian approximation of any transverse knot is determined by its Thurston-Bennequin invariant and other examples where this is not true.

Example 1.12. If K is any Legendrian simple knot, then clearly, Legendrian approximations of transverse knots in this knot type are determined by their Thurston-Bennequin invariant, and the possible Thurston-Bennequin invariants are determined by the Legendrian mountain range of K . For example, if T_{-2k-1} is a transverse unknot with self-linking number $-2k-1$, then it may be approximated by a Legendrian unknot with tb any integer less than or equal to $-k$. We have similar results for torus knots and the figure eight knot.

Example 1.13. Now consider the twist knot T_{-2n-1} . The classification of Legendrian twist knots can be found in [15]. If T is a transverse representative of T_{-2n-1} with self-linking number $-2k-3$ for $k \geq 0$, then if $k > 0$ its Legendrian approximations are determined by their Thurston-Bennequin invariants, which can be any integer less than or equal to $-2-k$. When $k = 0$, then Legendrian approximations with $\text{tb} < -3$ are determined by their Thurston-Bennequin invariant, which can be any integer less than or equal to -4 . However, there are n distinct Legendrian approximations of T with $\text{tb} = -3$.

Negative even twist knots T_{-2n} are more complicated. Here we will focus on K_{-6} . Using the classification in [15], other values of n can easily be worked out. We first recall that there are exactly 2 transverse knots T and T' in the knot type K_{-6} with self-linking number 1. And exactly one transverse representative T_{-1-2k} with $\text{sl} = -1-2k$, for $k \geq 0$. Each T_{-1-2k} has a unique Legendrian approximation with $\text{tb} \leq -k-1$, but there are two Legendrian approximations of T_{-1-2k} with $\text{tb} = -k$. Similarly, T and T' each have unique Legendrian approximations with $\text{tb} \leq 0$, but one of them, say T , has 3 Legendrian approximations with $\text{tb} = 1$, while T' has 2 Legendrian approximations with $\text{tb} = 1$.

1.2. Destabilizing non-loose Legendrian knots. Recall a Legendrian knot L in an overtwisted contact manifold is called *loose* if the contact structure restricted to the complement of a standard neighborhood of L is also overtwisted. Otherwise, we call the knot L *non-loose*. Loose knots are fairly well understood, see [10], but we currently know very few general results about the structure of non-loose Legendrian knots in overtwisted contact manifolds. One such result is a generalization of the Bennequin bounds. Specifically, if L is a non-loose null-homologous knot in an overtwisted contact manifold then

$$-|\text{tb}(L)| + |\text{rot}(L)| \leq -\chi(L),$$

where $\text{tb}(L)$ is the Thurston-Bennequin invariant of L , $\text{rot}(L)$ is the rotation number of L , and $\chi(L)$ is the maximal Euler characteristic of a surface with boundary L . See [25].

In all known examples where we have a complete classification of non-loose knots, see [7, 14], we always see that some non-loose representatives “destabilize to infinity”, that is, there are non-loose knots that can destabilize infinitely often. So we ask the following question.

Question 1.14. *If K is a null-homologous knot type in a manifold M and K admits non-loose Legendrian representatives in a contact structure ξ on M , then does some non-loose Legendrian representative of K destabilize infinitely many times?*

While we cannot currently answer this question, we can give strong evidence that the answer is “yes” with the following theorem that gives a criterion for a non-loose knot to destabilize to infinity.

Theorem 1.15. *Let L be a non-loose null-homologous Legendrian knot in an overtwisted contact manifold (M, ξ) . If $\pm \text{rot}(L) < \chi(L)$ and $\text{tb}(L) > 0$, then there are non-loose knots L_i , for $i \in \mathbb{N}$, such that $L_0 = L$ and $L_{i-1} = S_{\mp}(L_i)$.*

Pictorially, this theorem says that if there is a non-loose Legendrian knot with rotation number and Thurston-Bennequin invariant in the shaded region of Figure 1, then one must

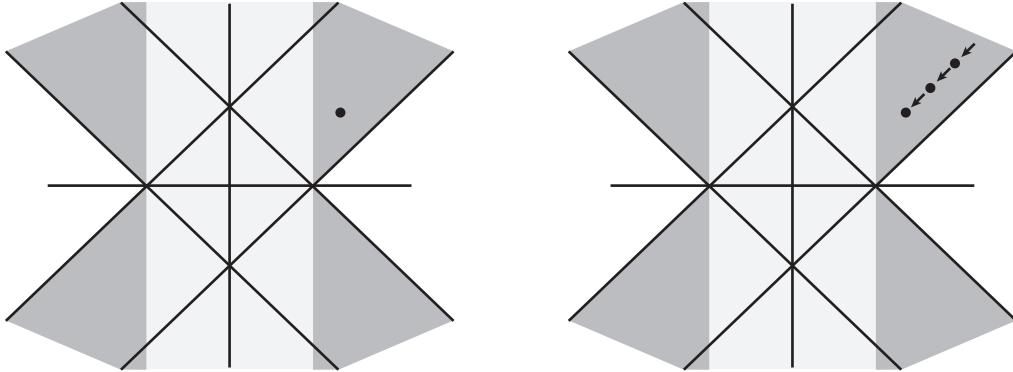


FIGURE 1. The shaded region on the left is the region satisfying $-\lvert \text{tb}(L) \rvert + \lvert \text{rot}(L) \rvert \leq -\chi(L)$. The darker shaded region in which Theorem 1.15 implies that Legendrian knots must destabilize. Specifically, if a Legendrian knot has invariants as indicated by the dot on the left-hand side diagram, then it negatively destabilizes to infinity as indicated in the diagram on the right-hand side. If the dot is in the left darkly shaded region then it will positively destabilize to infinity; that is, we see the right-hand diagram reflected about the central vertical axis.

also have non-loose representatives as shown on the right of Figure 1.

1.3. Destabilizing Legendrian knots. Determining when a Legendrian knot destabilizes is a key to classifying Legendrian representatives of a given smooth knot type [12], it can also be useful in understanding fillings of a contact manifold obtained by surgery on a Legendrian knot [1]. The following conjecture would go a long way towards a general understanding of Legendrian knots.

Conjecture 1.16. *Given a null-homologous smooth knot type K in a tight contact manifold (M, ξ) , there is an integer n such that any Legendrian representative of K with Thurston-Bennequin invariant less than n destabilizes.*

If this conjecture were true, then we would know that Legendrian representatives of K are “finitely generated”. By this we mean that there would be a finite number of distinct non-destabilized Legendrian representatives of K , and all other Legendrian representatives are stabilizations of these. This follows from the fact that there are finitely many Legendrian representatives of K with a fixed Thurston-Bennequin invariant and rotation number [2] and given the conjecture and the Bennequin inequality, there would only be a finite number of possible Thurston-Bennequin invariants and rotation numbers that could be realized by non-destabilizable Legendrian knots.

While we cannot prove the above conjecture, we make partial progress by giving a general criterion that implies a Legendrian knot must destabilize.

Proposition 1.17. *Let L be a Legendrian knot in a contact manifold (M, ξ) . If Σ is a surface with $\partial\Sigma = L$, $\text{tb}(L) < -1$, and $\pm \text{rot}(L) < \chi(\Sigma)$, then Σ may be isotoped, rel L , so that there is a \pm -bypass for L on Σ . In particular, L destabilizes.*

We will use this proposition to prove the main results in the previous sections.

1.4. Infinitely many distinct contact structures. The proof of Theorem 1.8 has a curious corollary.

Theorem 1.18. *Let M be the complement of the right-handed trefoil in S^3 . There are infinitely many distinct, up to contactomorphism, contact structures on M with no Giroux torsion that induce a linear foliation on ∂M of slope 0.*

We note that by work of Colin, Giroux, and Honda [2] an atoroidal manifold only admits finitely many tight contact structures up to isotopy. This is also true if the manifold has a convex boundary. The main way to create infinitely many contact structures up to isotopy is by introducing Giroux torsion along an incompressible torus. If one is considering contact structures up to isotopy, then one can construct infinitely many distinct tight contact structures (for example, on circle bundles and Seifert fibered spaces), but the examples in the theorem above are, to the author’s knowledge, the first infinite family of contact structures, up to contactomorphism, with zero Giroux torsion.

Acknowledgements. The author thanks Kai Cieliebak for helpful conversations about Lutz twists that led to the realization that neighborhoods of transverse knots had not previously been understood up to contact isotopy. We also thank Hyunki Min for helpful conversations and Bülent Tosun for helpful conversations and encouragement to write up these results. We finally thank Jeremy Van Horn-Morris and Shea Vela-Vick for helpful discussions years ago that led to the proof of Proposition 1.17. The author was partially supported by the National Science Foundation grant DMS-2203312 and the Georgia Institute of Technology’s Elaine M. Hubbard Distinguished Faculty Award.

2. BACKGROUND

We assume the reader is familiar with the basic results from contact geometry and the theory of Legendrian and transverse knots as can be found in [9], see also [17, 20]. We recall a few results here that are needed below. We will also use standard facts about convex surfaces. Most of these facts can be found in [12, 22], but we caution that the conventions for slopes of curves on tori and the Farey graph are different than those that we use here. For the “modern” conventions, we refer the reader to [16, 17].

2.1. The classical transverse knots neighborhood theorem. Consider the manifold $\mathbb{R}^2 \times S^1$ with the contact structure $\ker(\cos r d\phi + r \sin r d\theta)$, where (r, θ) are polar coordinates on \mathbb{R}^2 and ϕ is an angular coordinate on S^1 . Note that the torus T_a of radius a , that is $\{(r, \theta, \phi) : r = a\}$, has a linear characteristic foliation with slope $-\frac{1}{a} \cot a$. Given a number s there will be a unique smallest positive a such that $s = -\frac{1}{a} \cot a$. We define the solid torus \hat{N}_s to be $\{(r, \theta, \phi) : r \leq a\}$. So $\partial \hat{N}_s$ has linear characteristic foliation of slope s and given any $s' < s$, the torus $\hat{N}_{s'}$ is contained in \hat{N}_s . (Note as s goes to $-\infty$, the corresponding values of a go to 0.)

Now given a transverse knot T and a choice of framing on T , it is well-known, see [17, 20], that T has a neighborhood N_s that is contactomorphic to \hat{N}_s for sufficiently small s via a contactomorphism taking the framing to the product framing on \hat{N}_s . When T is null-homologous, we will always give T the framing coming from a surface that it bounds. We call N_s a *standard neighborhood* of T . From the discussion above, if T has such a neighborhood, then it also has a neighborhood $N_{s'}$ for any $s' \leq s$. One main goal of this paper is to show that N_s only depends on the transverse isotopy class of T and s up to ambient contact isotopy if s is sufficiently negative and we will see examples where there are distinct N_s with s is large.

2.2. Transverse push-offs and Legendrian approximations. Throughout this paper we will need to go between transverse and Legendrian knots, so we review that process here.

We first recall that a Legendrian knot has a unique transverse push-off. More specifically, given an oriented Legendrian knot L in a contact manifold (M, ξ) it is well known that L has a standard neighborhood N_L contactomorphic to $S^1 \times D_\epsilon = \{(\phi, y, z) : y^2 + z^2 \leq \epsilon^2\}$ with the contact structure $\ker(dz - y d\phi)$, [17, 20], where ϕ is the angular coordinate on S^1 and (y, z) are Cartesian coordinates on the disk and the orientation on L is identified with the positive ϕ direction. We can now define the *transverse push-off* of L , denoted L^t , to be the image of $S^1 \times \{(0, \epsilon')\}$ for any $\epsilon' \in (0, \epsilon)$. One may check that the transverse isotopy class of L^t depends only on the Legendrian isotopy class of L , that

$$\text{sl}(L^t) = \text{tb}(L) - \text{rot}(L),$$

and that $(S_-(L))^t = L^t$ where $S_-(L)$ is the negative stabilization of L and $(S_+(L))^t$ is the transverse stabilization of L^t where $S_+(L)$ is the positive stabilization of L . See [12].

We also notice that the classification of tight contact structures on solid tori [21, 22] immediately implies the following lemma we will need below.

Lemma 2.1. *With the notation above, inside of N_L we can find a solid torus N_s that will be a standard neighborhood of T for any $s < \text{tb}(K)$.*

Now, given a transverse knot T in a contact manifold, we can find Legendrian knots that have T as their transverse push-off. To see this, from the previous subsection, we know T has a standard neighborhood N_s for some $s < 0$. Now for any $n < s$ we can consider the sub-neighborhood N_n inside of N_s . Let L_n be a leaf of the characteristic foliation of ∂N_n . Clearly L_n is an $(1, n)$ -curve on ∂N_n and hence smoothly isotopic to T . It is not hard to see that the transverse push-off L_n^t is transverse isotopic to T and that $L_{n-1} = S_-(L_n)$, [12]. So there is not a single Legendrian knot related to T , but a series of them all related by negative stabilization. We call L_n for any n a *Legendrian approximation to T* .

We finally recall that given a smooth knot type K , the classification of Legendrian knots in the knot type K up to Legendrian isotopy and negative stabilization is equivalent to the classification of transverse knots in a smooth knot type K ; moreover, the identification is given by transverse push-off and Legendrian approximations. See [8, 12].

We recall how to explicitly use this last result to understand transverse knots in a smooth knot type K in terms of Legendrian realizations of K . Suppose we have a classification of Legendrian representatives of K . We first consider the subset \mathcal{M}_K of \mathbb{Z}^2 consisting of ordered pairs $(\text{rot}(L), \text{tb}(L))$ for all Legendrian realizations of K and to each point in \mathcal{M}_K we associate the number of Legendrian isotopy classes of Legendrian realizations of K with those invariants. We call \mathcal{M}_K the *mountain range of K* . (To completely understand the classification of Legendrian knots in the knot type K , we should also know what happens when Legendrian knots with invariants (n, m) are stabilized positively and negatively.) Now, to understand the transverse representatives of K with $\text{sl} = n$ we consider the intersection of the line of $t = n + r$ in \mathbb{Z}^2 with \mathcal{M}_K . The integers associated with the points in this set will be the same for points where one of the coordinates is negative enough. This number will be the number of transverse representatives with $\text{sl} = n$.

3. BYPASSES ON SEIFERT SURFACES

In this section we prove Proposition 1.17 that says for a Legendrian knot L in a contact manifold (M, ξ) bounding a surface Σ with $\text{tb}(L) < -1$ and $\pm \text{rot}(L) < \chi(\Sigma)$, we may isotopy Σ , rel L , so that there is a \pm -bypass for L on Σ .

Proof. For convenience in our arguments below, we assume that L is not a Legendrian unknot. The case of a Legendrian unknot is easily dealt with as they have been classified [7]. We will also assume that the complement of L is tight, since otherwise, we can find a bypass along any arc [26, Proposition 3.22], and we would be done.

Since $\text{tb}(L) < 0$, we may isotop Σ so that it is convex. It is well-known, see [12, 23], that

$$\text{rot}(L) = \chi(\Sigma_+) - \chi(\Sigma_-),$$

where Σ_+ is the positive part of Σ minus the dividing set Γ , and Σ_- is the negative part. We note that Giroux's tightness criterion [22, Theorem 3.5] tells us that the assumption that the complement of L is tight says that any disk component of Σ_\pm has boundary containing arcs in Γ and arcs in $\partial\Sigma$.

We assume that $\text{rot}(L) < \chi(\Sigma)$ (the $\text{rot}(L) > -\chi(\Sigma)$ case is analogous). We will show that there is an arc in Γ that cobounds a disk with $\partial\Sigma$ that is part of Σ_- . It is well-known,

see [22, Proposition 3.18], that this implies one may further isotop Σ so that there is a negative bypass for L on Σ .

Notice that if a is the number of arcs in Γ then

$$\chi(\Sigma) = \chi(\Sigma_+) + \chi(\Sigma_-) - a.$$

Now let d be the number of disk components of Σ_- and e be the sum of the Euler characteristics of the non-disk components of Σ_- . Thus

$$\chi(\Sigma_+) = \chi(\Sigma) + a - d - e,$$

and hence

$$\text{rot}(L) = \chi(\Sigma_+) - \chi(\Sigma_-) = \chi(\Sigma) - 2e + (a - 2d).$$

Suppose that no disk in Σ_- has boundary a single arc in Γ and a single arc in $\partial\Sigma$. Thus, each disk component of Σ_- contains at least 2 arcs, and we see that $a - 2d$ is non-negative. But of course $-2e$ is also non-negative, so $\text{rot}(L) \geq \chi(\Sigma)$. This contradicts our assumption on the rotation number, and so we see that Σ_- must contain a disk with boundary the union of one arc in Γ and one arc in $\partial\Sigma$, as claimed. \square

4. NEIGHBORHOODS OF TRANSVERSE KNOTS

This section is devoted to the proof of Theorem 1.1 that says given a contact 3-manifold (M, ξ) and a null-homologous knot type K in a manifold M and an integer n , there is a rational number r such that any standard neighborhood with boundary slope $s < r$ of any transverse knot T in the knot type K with $\text{sl}(T) \geq n$ is unique up to contact isotopy.

To prove this theorem we first recall the well-known analogous result for Legendrian knots.

Lemma 4.1. *Let (M, ξ) be a contact manifold. Given two isotopic Legendrian knots L_0 and L_1 and a standard neighborhood N_i of L_i for which the characteristic foliations on ∂N_0 and ∂N_1 agree, there is an ambient contact isotopy of (M, ξ) taking N_0 to N_1 .*

This is implicit in [12, 22] as well as other papers, and a proof can be found in [17]. The lemma is easy to prove. Specifically, one first observes that two Legendrian isotopic knots are ambiently contact isotopic [6, 9] and then that a fixed Legendrian knot has a canonical standard neighborhood which may be proven using the ideas in [22].

Another ingredient we need concerns the contactomorphism of standard neighborhoods of Legendrian knots and a useful corollary of that.

Lemma 4.2. *Consider the contact manifold $(S^1 \times D^2, \xi)$ with convex boundary having two longitudinal dividing curves. Any contactomorphism of $(S^1 \times D^2, \xi)$ is contact isotopic to the identity.*

The proof of this lemma follows from [18, Section 2.2], see also [27, Theorem 2.36]. A simple corollary of this lemma is the following that will be used in the proofs below.

Corollary 4.3. *A solid torus in a contact manifold (M, ξ) with convex boundary having two longitudinal dividing curves is the standard neighborhood of a unique Legendrian knot.*

We now establish some preliminary results for the proof of Theorem 1.1.

Lemma 4.4. *Suppose that the two standard neighborhoods N_s and N'_s of transversely isotopic transverse knots T and T' contained in a standard neighborhood of Legendrian knot approximations L and L' that are Legendrian isotopic, then N_s is ambient contact isotopic to N'_s .*

Proof. Suppose T and T' are transversely isotopic and have standard neighborhoods N_s and N'_s , respectively, and we know that there are Legendrian knots L and L' such that N_s is contained in the standard neighborhood N_L of L and similarly for N'_s and $N_{L'}$. By hypothesis, L and L' are Legendrian isotopic. Thus, by Lemma 4.1, we know that there is an ambient contact isotopy taking N_L to $N_{L'}$. Thus, we can assume that N_s and N'_s are both contained in N_L . From the classification of tight contact structures on solid tori [21, 22], there is a contactomorphism from N_L to itself, that is the identity near the boundary, taking N_s to N'_s , but it is known that such a contactomorphism of N_L is contact isotopic to the identity by Lemma 4.2. Thus, we have constructed the contact isotopy taking N_s to N'_s . (If one wanted to, one could assume that under this isotopy, T is taken to T' as well.) \square

Lemma 4.5. *Let K be a null-homologous knot type in a contact manifold (M, ξ) . If there exist integers n and m such that any transverse representatives T of K with $\text{sl}(T) = n$ has a unique Legendrian approximation $L_{m'}$ with $\text{tb}(L_{m'}) = m'$ for any $m' \leq m$, then any such T has a well-defined standard neighborhood with any slope $s < \min\{m, -2g(K) + 1 + n\}$.*

Proof. By Lemma 4.4, the proof will be complete if we can show that given a standard neighborhood N_s of a transverse knot T in the knot type K with $\text{sl}(T) = n$ and $s < \min\{m, -2g(K) + 1 + n\}$, then N_s is contained in the standard neighborhood N_L of a Legendrian representative of K with $\text{tb}(L) = \lceil s \rceil$, the least integer greater than s .

To see that this is true, given N_s , we know ∂N_s has a standard neighborhood $T^2 \times [-1, 1]$ where the contact planes are tangent to the $[-1, 1]$ factor and rotating in a left-handed manner as the interval is traversed. From this we see that N_s is contained in $N_{s'}$ with $s' > s$ and we can assume that $s' < \lceil s \rceil$. We can perturb $\partial N_{s'}$ to be convex with two dividing curves of slope s' and we can assume that N_s is still in the interior of $N_{s'}$. Put $\partial N_{s'}$ in standard form with ruling curves of slope 0, that is a ruling curve bounds a surface Σ in the complement of $N_{s'}$.

We now claim that $\text{rot}(\partial\Sigma) < -\chi(\Sigma)$. To see this, notice that inside $N_s \subset N_{s'}$ there is a standard neighborhood $N_{\lfloor s \rfloor}$ of T . We can perturb $\partial N_{\lfloor s \rfloor}$ to be convex with two dividing curves of slope $\lfloor s \rfloor$. By Corollary 4.3 this will be the standard neighborhood of a Legendrian knot L' whose transverse push-off is T . Moreover, we know that $\text{tb}(L') = \lfloor s \rfloor < -2g(K) + 1 + n$ and thus $\text{rot}(L') = \text{tb}(L') - \text{sl}(T) < -2g(K) + 1$. Now the contact structure on $N_{s'} \setminus N_{\lfloor s \rfloor}$ is a minimally twisting contact structure on $T^2 \times [0, 1]$ that is contained in a standard neighborhood of a transverse knot. This means that the contact structure is universally tight and, moreover, if A is a longitudinal annulus with one boundary component a ruling curve on $\partial N_{s'}$ and the other a ruling curve on $\partial N_{\lfloor s \rfloor}$, then the Euler class of the contact structure evaluated on this annulus (oriented as $L' \times [0, 1]$) is positive due to the fact that basic slices inside standard neighborhoods of transverse knots are negative, see [12, Section 3.6]. Thus we see that $\text{rot}(L') - \text{rot}(\partial\Sigma) > 0$ and hence $\text{rot}(\partial\Sigma) < -2g(K) - 1 = \chi(\Sigma)$ as claimed.

Now Proposition 1.17 gives a bypass for $\partial N_{s'}$. Attaching the bypass will give a new solid torus with dividing slope larger than s' . We can continue to attach bypasses until we

obtain a solid torus with convex boundary having 2 dividing curves of slope $\lceil s \rceil$. This will be the standard neighborhood of a Legendrian knot L with transverse push-off T and this solid torus contains N_s by construction. \square

As the next step in the proof of Theorem 1.1 we establish Lemma 1.11. Recall this lemma says that given a null-homologous knot type K in a contact manifold (M, ξ) and an integer n , there is an integer m such that any two Legendrian approximations of a transverse knot T in the knot type K with $\text{sl}(T) > n$ with the same Thurston-Bennequin invariant less than m are Legendrian isotopic.

Proof of Lemma 1.11. We begin by assuming that ξ is either tight or if ξ is overtwisted, then we consider non-loose transverse knots. We fix a knot type K . We will prove the lemma for transverse representatives of K with $\text{sl}(K) = n$, since the self-linking number of transverse representatives we are considering is bounded above by $-\chi(K)$ this will establish the lemma.

By Proposition 1.17 we know that there is a negative integer b such that if L is a Legendrian knot in the knot type K and $\text{rot}(L) < b$, then L destabilizes. Now if L is a Legendrian approximation of T then $\text{tb}(L) = \text{rot}(L) + n$. So if $\text{tb}(L) < b + n$, then L destabilizes. Thus all transverse representatives of K with $\text{sl} = n$ have Legendrian approximations with $\text{tb} = b + n$ and $\text{rot} = b$.

By the work of Colin, Giroux, and Honda [2], there are a finite number of Legendrian knots (in tight contact structures or non-loose in overtwisted contact structures with no Giroux torsion in their complements) with these fixed tb and rot . So in ξ there are a finite number of Legendrian representatives of K with $\text{tb} = b + n$ and $\text{rot} = b$. If any two of them become isotopic after negative stabilization, then this will happen after a finite number of stabilizations. Thus there is some k such that for distinct Legendrian approximations of transverse knots with $\text{sl} = n$ in (M, ξ) with $\text{tb} < b + n - k$ and $\text{rot} = \text{tb} - n$ remain distinct after any number of negative stabilizations. This means that their transverse push-offs are distinct and hence any transverse representative of K with self-linking number n has a unique Legendrian approximation with any $\text{tb} < b + n - k$. \square

We are now ready for the proof of one of our main results.

Proof of Theorem 1.1. The theorem is an immediate follows from Lemmas 4.5 and 1.11. \square

5. EXAMPLES OF STANDARD NEIGHBORHOODS OF TRANSVERSE KNOTS

In this section we will establish our estimates on the size of standard neighborhoods of transverse knots that are well-defined up to ambient contact isotopy and explore examples of unique and non-unique standard neighborhoods of transverse knots.

5.1. General results on the size of well-defined neighborhoods of transverse knots. We begin with the proof of Theorem 1.3. We recall that the theorem says that if K is a Legendrian simple knot in a tight contact manifold (M, ξ) and $K = \partial\Sigma$ for some embedded surface Σ , then a standard neighborhood N_s of a transverse knot T in the knot type K is unique up to contact isotopy if $s < \text{sl}(T) + \chi(\Sigma)$.

Proof of Theorem 1.3. Let N_s be a standard neighborhood of T with $s < \text{sl}(T) + \chi(\Sigma)$. The argument in the last two paragraphs of the proof of Lemma 4.5 shows that N_s is contained in the standard neighborhood N_L of a Legendrian realization of K with $\text{tb}(L) = \text{sl}(T) + \chi(\Sigma)$. The proof is now complete by Corollary 4.3 because we know that there is a unique Legendrian representative of K with $\text{tb}(L) = \text{sl}(T) + \chi(\Sigma)$ and $\text{rot}(L) = \chi(\Sigma)$. \square

We now turn to the proof of Theorem 1.4, which says that if K is Legendrian simple and uniformly thick, then any standard neighborhood of a transverse representative of K is unique up to contact isotopy.

Proof of Theorem 1.4. Since every solid torus thickens to a neighborhood of a Legendrian representative of K with maximal Thurston-Bennequin invariant, the result follows from Lemma 4.4. \square

We now address the possible standard neighborhoods of transverse knots in uniformly thick and Legendrian simple knot types.

Remark 5.1. Suppose that K is Legendrian simple and uniformly thick. From Theorem 1.4 we know that neighborhoods of transverse representatives of K are unique up to contact isotopy. To completely understand transverse neighborhoods, we are left to understand for which values of s a transverse knot T in the knot type K has a standard neighborhood N_s . To this end, we consider the Legendrian mountain range for K and the diagonal line $\text{sl}(T) = t - r$. Suppose that t_T is the largest value of t on this line. Then the correspondence between transverse knots and Legendrian approximations discussed in Section 2.2 (coupled with uniform thickness) tells us that T has standard neighborhoods for any $s < t_T$.

5.2. Examples of standard neighborhoods of transverse knots. We will now consider standard neighborhoods of transverse knots in specific knot types. We begin with the $(2, -2n - 1)$ -torus knot K . We recall that K is Legendrian simple, and the Legendrian classification is given by the mountain range in Figure 2. See [12].

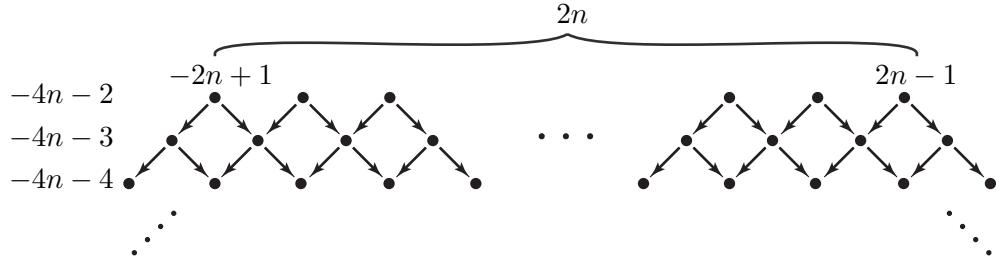


FIGURE 2. The mountain range for the positive $(2, -2n - 1)$ -torus knots.

Proof of Theorem 1.5. Let K be the $(2, -2n - 1)$ -torus knot. We recall that K is uniformly thick [13]. Thus by Theorem 1.4 we know that every standard neighborhood of a transverse representative of K is determined up to contact isotopy by the slope of the characteristic foliation on its boundary. We are left to see what slopes can be realized by such neighborhoods.

Suppose T is a transverse representative of K with $\text{sl}(T) = l \in \{-2n - 3, -2n - 5, \dots, -6n - 1\}$. Then we consider the line $t = r + l$ in the mountain range of K shown in Figure 2. (Recall our discussion at the end of Section 2.2 about how to relate transverse knots to the mountain range of Legendrian knots.) We notice that for points in this set, the largest second coordinate is $-4n - 2$. Now, by Lemma 2.1 we see that we can find standard neighborhoods N_s of T with any $s < -4n - 2$. Now, suppose that there is a standard neighborhood N_s of T with $s \geq -4n - 2$. If the slope is $-4n - 2$, then in a neighborhood of ∂N_s we can find a torus T with linear foliation larger than s and bounding a solid torus containing N_s . Thus, we can assume that $s > -4n - 2$. By the uniform thickness hypothesis, we know that N_s is contained in a solid torus S that is a neighborhood of a Legendrian representative of K . This neighborhood has convex boundary with two dividing curves of slope $-4n - 2$, which is less than s . Thus, $S \setminus N_s$ is a thickened torus, and we can perturb the back face to be convex with slope s . The classification of tight contact structures on such a thickened torus [21, 22] implies that one can find a convex torus parallel to the boundary with any dividing slope in $[s, -4n - 2]$ (here we are thinking of this as an interval of slopes on the Farey graph, for the conventions we are using see [16]). Since this interval contains ∞ we see that there is a meridional disk in S with its boundary a Legendrian divide, and hence this is an overtwisted disk. Thus, such an N_s could not exist.

Now if T is a transverse representative of K with $\text{sl}(T) = 2k - 1$, for $k > 3n$, then the same argument as above shows that T has a standard neighborhood N_s if and only if $s < -k - n - 2$. \square

We now turn to the $(4, -9)$ -torus knot K . We know that K is Legendrian simple [12] and uniformly thick [13]. The classification of Legendrian representatives of K is given in Figure 3. We are now ready to prove Theorem 1.6.

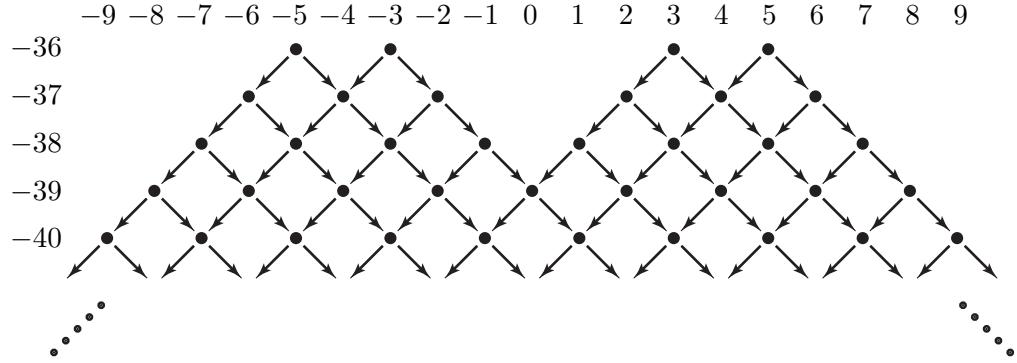


FIGURE 3. The image of the map Ψ for the $(4, -9)$ -torus knot..

Proof of Theorem 1.6. The proof is essentially the same as the proof of Theorem 1.5 using Figure 3 instead of Figure 2. \square

We now consider the unknot, which is not uniformly thick.

Proof of Theorem 1.7. There is a unique Legendrian unknot L with $\text{tb}(L) = -1$ and $\text{rot}(L) = 0$, and all other Legendrian unknots are stabilizations of this one. We claim that any solid

torus S in the knot type of the unknot with boundary having a linear foliation of slope $s < -1$ is contained in a solid torus that is a standard neighborhood of L . Given this, we can use the proof of Theorem 1.5 to see that if T is a transverse unknot and $\text{sl}(T) = -2k - 1$ for $k > 0$, then T has a standard neighborhood N_s if and only if $s < -k - 1$, and the standard neighborhood of any such transverse knot is determined up to contact isotopy by the slope on its boundary.

To see that our claim is true, we suppose S is a solid torus in the knot type of the unknot with boundary having a linear foliation of slope $s < -1$. Then $S' = S^3 \setminus S$ is a solid torus. Suppose that s is not an integer for the moment. Then there is a torus T' inside S' and isotopic to $\partial S'$ that is convex with two dividing curves of slope $n = \lceil s \rceil$. This T bounds a solid torus S_n that contains S ; moreover, by Corollary 4.3, S_n is a standard neighborhood of a Legendrian unknot L' , and since L' destabilizes to L , we know that S is contained in a standard neighborhood of L as claimed.

Now if $s < -1$ is an integer, then as we have argued above, we can consider a standard neighborhood of ∂N_s to find a new standard neighborhood $N_{s'}$ containing N_s with $s' > s$ not an integer. So this case follows from the non-integer case above.

Now suppose T is a transverse unknot with $\text{sl}(T) = -1$. Since T is the transverse push-off of L , we see that T will have standard neighborhoods N_s for any $s < -1$, and they will be unique as above. We are left to see that T also has standard neighborhoods N_s with $s \in [-1, 0)$, that they are unique, and that there can be no standard neighborhood with $s \geq 0$. To this end, we recall a construction of the standard contact structure on S^3 . Consider the manifold $T^2 \times [0, 1]$ with the contact structure $\ker(\cos \frac{\pi}{2}t d\theta + \sin \frac{\pi}{2}t d\phi)$, where θ and ϕ are angular coordinates on T^2 and t is the coordinate on $[0, 1]$. The characteristic foliation on $T^2 \times \{0\}$ is by vertical curves (constant θ curves) and on $T^2 \times \{1\}$ by horizontal curves. It is clear that S^3 is $T^2 \times [0, 1]$ with the leaves of the characteristic foliations on $T^2 \times \{0\}$ and $T^2 \times \{1\}$ collapsed to points (this is just S^3 expressed as the join of S^1 and S^1). Moreover, performing a contact cut [24] on $T^2 \times \{0\}$ and $T^2 \times \{1\}$ gives a contact structure on S^3 . This is the standard contact structure ξ_{std} on S^3 . The image of $T^2 \times \{0\}$ under this collapse is a transverse unknot, and it is easy to see that it bounds a disk containing a single critical point. This implies that $\text{sl} = -1$ and thus is T . Notice that T has neighborhoods $T^2 \times [0, a]$ with a contact cut performed on $T^2 \times \{0\}$ and these are standard neighborhoods of T with boundary having linear foliations ranging in $(-\infty, 0)$.

We know that any standard neighborhood N_s of T with $s < -1$ is unique up to contact isotopy, so now consider the case when $s \in [-1, 0)$. If $s \neq -1/n$ for some positive n , then let n be the smallest integer such that $s < -1/n$. Considering a neighborhood of ∂N_s we see that N_s is contained in $N_{s'}$ where $s' \in (s, -1/n)$. We can make the boundary of $N_{s'}$ convex with two dividing curves of slope s' and still have this torus contain N_s . We can now make the ruling curves on $N_{s'}$ have slope zero. Take a disk in the complement of $N_{s'}$ with boundary a ruling curve. We can make this disk convex, and as it will have more than one dividing curve (since s' is not one over an integer), we can find a bypass for $N_{s'}$. Attaching the bypass, we can find a new torus containing $N_{s'}$ with larger dividing slope. We can continue until N_s is contained in a solid torus N with convex boundary having dividing slope $-1/n$. Inside N_s we can find a solid torus N' with convex boundary and dividing slope $-1/(n-1)$. Notice that $N \setminus N'$ is a thickened torus that is a basic slice. Since

it is the union of the two thickened tori $N_s \setminus N'$ and $N \setminus N_s$ and the contact structure on $N_s \setminus N'$ is determined (as a subset of a standard neighborhood of a transverse knot), we know the contact structure on $N \setminus N_s$ is uniquely determined (that is there is one possible tight contact structure on this that can be glued to $N_s \setminus N'$ to obtain a tight contact structure). Note also that $S^3 \setminus N$ is a solid torus that supports a unique tight contact structure (since its dividing curves are longitudinal with respect to the meridional disk in $S^3 \setminus N$). Thus the tight contact structure on $S^3 \setminus N_s$ is uniquely determined by N_s . So if N_s and N'_s are two standard neighborhoods of T , then there is a contactomorphism of S^3 taking N_s to N'_s . But since the contactomorphism group of (S^3, ξ_{std}) is path-connected [5] N_s is ambient contact isotopic to N'_s .

We end by showing that T cannot have a standard neighborhood N_s with $s \geq 0$. If such a neighborhood existed, then T would have a standard neighborhood N_0 as discussed in Section 2.1. But a leaf of the characteristic foliation on ∂N_0 bounds a disk and this disk will be an overtwisted disk. \square

We now move on to consider transverse knots that do not have unique standard neighborhoods. Specifically, we consider the right-handed trefoil in (S^3, ξ_{std}) and prove Theorem 1.8.

Proof of Theorem 1.8. The right-handed trefoil K is Legendrian simple [12], and any solid torus in the knot type of the right-handed trefoil with convex boundary having dividing curves of slope less than 0 can be contained in a standard neighborhood of a Legendrian knot with $\text{tb} = 0$, see [13, Section 3.1]. Thus, arguing as in the proof of Theorem 1.5 we can see that a transverse representative of K with self-linking number $-2k - 1$, for $k \geq 0$, has a standard neighborhood N_s if and only if $s < -k$. Moreover, any standard neighborhood of any such transverse representative of K is determined up to contact isotopy by the slope on its boundary.

We now consider the transverse right-handed trefoil T with $\text{sl} = 1$. This is the transverse push-off of the Legendrian right-handed trefoil L with $\text{tb} = 1$ and $\text{rot} = 0$. Thus, we see, by Lemma 2.1, that T will have standard neighborhoods N_s for any $s < 1$. In [13] it was shown that there are no solid tori in the knot type of K with convex boundary having dividing curves of slope greater than 1. Any standard neighborhood N_s of T with $s \geq 1$ would contradict that. (This is clear for $s > 1$, but for $s = 1$ we note that a standard neighborhood of ∂N_1 would show that N_1 is contained in N_s for some $s > 1$ so is true for $s = 1$ too.) So we know the possible values of s for which T has a standard neighborhood N_s .

Our discussion above shows that any neighborhood N_s of T with $s < 0$ is unique up to contact isotopy. To understand the other standard neighborhoods we now recall the classification of solid tori in the knot type of the right-handed trefoil from [11]. There are tori S_n^\pm for integers $n > 1$ and S_1 in the knot type K , where N_n^\pm has convex boundary with two dividing curves of slope $1/n$ and S_1 has convex boundary with two dividing curves of slope 1. All of these tori are distinct up to contact isotopy, any solid torus S in the knot type K is contained in one of these tori, and all of these tori are non-thickenable in the sense that if S is a solid torus with convex boundary containing S_n^\pm then the dividing slope of ∂S is $1/n$ (and similarly for S_1). Moreover, if S is a solid torus with convex boundary having

dividing slope larger than 0 and contained in S_n^\pm then S is not contained in any other S_m^\pm , but if ∂S has dividing slope less than or equal to 0 then it can “thicken” to S_1 . The S_n^- and S_1 are neighborhoods of T with convex boundary. So if N_s is a standard neighborhood with $s \in [1/(n+1), 1/n]$ then it can be a sub-torus of any S_m^- for $m = 1, \dots, n$, and these will all be distinct up to contact isotopy, but if two neighborhoods are in the same S_m^- (with the same slope on the boundary) then they will be isotopic (by the same argument as at the end of the proof of Theorem 1.7).

We finally consider standard neighborhoods S_0 of T . To this end, we recall how the complement of the tori S_n^\pm can be built. Let M be the result of 0 surgery on the right-handed torus. This is a torus bundle over the circle. We can think of M as $T^2 \times [0, 1]$ with the two boundary components glued together by a diffeomorphism of the torus. In [21, 22] it was shown that M admits a family of tight contact structure ξ_n . Each ξ_n is tangent to the $[0, 1]$ -factor and ξ_n has Giroux torsion $n - 1$. We can now consider the Legendrian L_n in ξ_n that is $\{p\} \times [0, 1]$ in M where p is a fixed point of the gluing map. The complement C_n of a standard neighborhood of L_n in (M, ξ_n) is contactomorphic to the complement of S_n^\pm in (S^3, ξ_{std}) . Now consider the transverse push-off T_n of L_n . We can consider the compactification C'_n of $M - T_n$ obtained by adding a torus boundary. It is easy to see that the characteristic foliation on $\partial C'_n$ is linear and the leaves are meridians. Now consider N_0^n be the standard neighborhood of T in S^3 with boundary slope 0 inside of N_n^- . Then $S^3 \setminus N_0^n$ is contactomorphic to C'_n . We claim that none of the C'_n are contactomorphic. This will show that all the N_0^n are distinct as claimed. We note that (M, ξ_n) is obtained from C'_n by a contact cut (recall, this means collapsing the leaves of the characteristic foliation on $\partial C'_n$, [24]). If C'_n and C'_m were contactomorphic, the contactomorphism would have to take the torus boundary to the torus boundary and fix the characteristic foliation. Thus, the contact cuts would be contactomorphic, but since none of the ξ_n are contactomorphic, none of the C'_n can be either.

We finally note that a standard neighborhood N_s with $s \in [1/2, 1)$ then N_s can only sit in N_1 , the standard neighborhood of L , and thus it is unique, up to ambient contact isotopy. \square

We note that Theorem 1.18 follows directly from the latter part of the last proof.

Proof of Theorem 1.18. The contact manifold C'_n in the previous proof are the contact structure claimed in the theorem. \square

Remark 5.2. We note that all positive torus knots have non-thickenable tori [11], so the arguments in the proof of Theorem 1.8 above will show that they admit transverse representatives that do not have unique standard neighborhoods.

6. DESTABILIZING NON-LOOSE KNOTS

In this section we prove Theorem 1.15 which says that for a non-loose null-homologous Legendrian knot L in an overtwisted contact manifold (M, ξ) , if $\pm \text{rot}(L) < \chi(L)$ and $\text{tb}(L) > 0$, then there are non-loose knots L_i , for $i \in \mathbb{N}$, such that $L_0 = L$ and $L_{i-1} = S_\pm(L_i)$.

Proof of Theorem 1.15. Suppose L is such a non-loose Legendrian knot with $\text{rot}(L) > -\chi(L)$ and $\text{tb}(L) = n > 0$ (the other case has a similar proof). Let N_L be a standard neighborhood of L and arrange that ∂N_L is in standard form with ruling curves of slope 0. As the ruling curves have a slope less than the dividing curves, each ruling curve is isotopic to a stabilization of L with the same rotation number as L , [4, Lemma 5.7]; moreover, since the ruling curves intersect the dividing curves non-trivially and the framing they get from the ∂N_L and from a Seifert surface agree (because they have slope 0) we know that their Thurston-Bennequin invariant is negative. Thus, if Σ is a surface with $\partial\Sigma$ a ruling curve, then we can apply Proposition 1.17 to find a bypass for ∂N_L along the ruling curve. Attaching the bypass will result in a new solid torus N containing N_L with dividing slope ∞ (recall attaching a bypass to a torus with dividing slope $n > 0$ along a ruling curve of slope 0 will result in a convex torus with dividing slope given by the number clockwise of n and anti-clockwise of 0 in the Farey tessellation that is closest to 0 and has an edge to n , and this is ∞).

Now we note that inside $N \setminus N_L$ we can find convex tori T_i for all integers $i > n$ with two dividing curves of slope i . Let N_m be the solid tori that the T_i bound. The ordering of the T_i show that $N_i \subset N_{i'}$ whenever $i \leq i'$. By Corollary 4.3 we know the N_i are standard neighborhoods of Legendrian knots L_i . We can take $N_n = N_L$ and so $L = L_n$. Now, since each $N_{i+1} \setminus N_i$ is a basic slice, we see that L_i is a stabilization of L_{i+1} . Moreover, since the original basic slice was positive, we see that $N_{i+1} \setminus N_i$ is a positive basic slice. Thus $\text{rot}(L_{i+1}) - \text{rot}(L_i) = 1$ and we see that L_i is a negative stabilization of L_{i+1} . \square

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SCHOOL OF MATHEMATICS, GEORGIA INSTITUTE OF TECHNOLOGY, ATLANTA, GA

Email address: etnyre@math.gatech.edu